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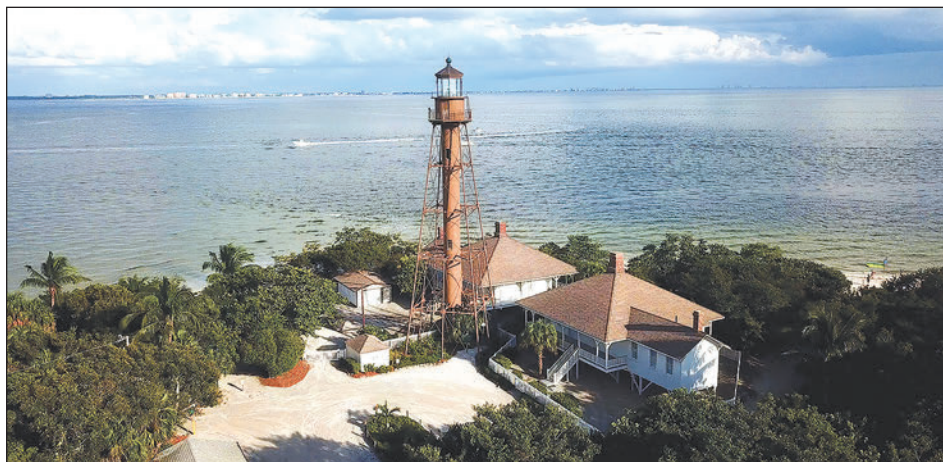
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SANIBEL & CAPTIVA ISLANDS, FLORIDA

APRIL 22, 2022

APRIL SUNRISE/SUNSET: 22 6:59 • 7:55 23 6:58 • 7:56 24 6:57 • 7:56 25 6:56 • 7:57 26 6:55 • 7:57 27 6:54 • 7:58 28 6:53 • 7:58



Sanibel Lighthouse

photo provided

Historical Village To Show Documentary

The Sanibel Historical Village's documentary, *Secrets and Stories of the Sanibel Lighthouse*, will be shown on Tuesday, May 3 at 7 p.m. in

Connie Brown Hall at Tribby Arts Center at Shell Point Retirement Community. The public is welcome.

The Sanibel Lighthouse is one of the area's most recognizable landmarks, and it has a unique and largely unknown history. Shell Point's Academy of Lifelong Learning has partnered with the Sanibel Historical Village to introduce this original

continued on page 28

Lecture On The Wild And Exotic

The Clinic for the Rehabilitation of Wildlife (CROW) weekly speaker series continues on Tuesday, April 26 with Shy Wolf Sanctuary: To Heal Hearts and Minds Through Rescue, Sanctuary, and Education, presented by Debra LoVerde, community education coordinator at Shy Wolf Sanctuary.

Shy Wolf Sanctuary provides refuge and rehabilitation to non-releasable wild and captive-bred exotic canines, including wolves and wolf-dogs. The team works to share the message of preserving wolves in natural ecosystems, respecting wild and captive-bred exotics, and encouraging coexistence with wildlife.

Programs begin at 4:15 p.m. and are approximately one hour in length. This talk will be presented in person at the CROW Visitor Education Center and will also be offered virtually over Zoom, so

continued on page 20



A resident at Shy Wolf Sanctuary

photo provided



A live queen conch

photo provided

New Program At Shell Museum

Based on positive visitor feedback, Bailey-Matthews National Shell Museum has added a new 2 p.m. Queen of the Sea Keeper Chat to its

program lineup. Keeper Chats take place daily in the museum's Beyond Shells Living Gallery and aquariums. During Queen of the Sea, aquarists explore unique stories of the conch species and explain the museum's exhibit of queen and milk conchs, which also includes

continued on page 14

Firefighters Honor Retiring Deputy



Retiring Captiva Island Fire Deputy Chief Paul DeArmond, right, receives a golden axe from Captiva Island Fire Chief Jeff Pawul during a ceremony on April 12

photo provided

by Kathy Kurtz Ferrari

The Captiva Island Fire District honored one of its own on April 12, as an axe presentation ceremony was held for Deputy Chief Paul DeArmond, who is retiring after a nearly 40-year career. The ceremony was held during the monthly meeting of the Captiva Island Fire Control District Board of

Commissioners.

DeArmond, a resident of Fort Myers, helped protect Captiva for the last eight years, most recently serving as deputy chief. Before coming to Captiva, he served as fire chief in Tice, and as a firefighter in Fort Myers. He was also a longtime instructor at the Southwest

continued on page 24

Community House Calendar

Shell Crafters are on site every Monday from 9 a.m. to 1 p.m. A shell crafting class is offered at 10 a.m. There is no charge to attend; supplies range from \$3 to \$5.

Aerobics with Mahnaz Bassiri is offered in two sessions on Monday, Wednesday and Friday; 9 to 10 a.m. and 10:30 to 11:30 a.m. Bring your own weights (optional). Cost per class is \$5 for members and \$10 for guests.

Social Bridge is in play on Tuesdays from 12:30 to 3 p.m. Cost is \$5.

Line dancing is offered on Tuesdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring a work in progress and your own supplies. Cost per class is \$10.

Chair stretching exercises with Mahnaz Bassiri are offered on Thursdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

The Sanibel Hearts Club meets on Fridays at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. Cost is \$5.

Several Sanibel-Captiva Art League members Dorothy McDowell and Jan Rutledge are exhibiting works this month. The exhibit can be viewed from 9 a.m. to 3 p.m. Monday through Friday. Proceeds of all sales go to Sanibel Community Association.

The Sanibel Community Association



The Community House photo by Logan Hart

(SCA) annual board meeting will be held on Wednesday, April 27 at 8:30 a.m.

There will be a blood drive at The Community House on Friday, April 29 from 10 a.m. to 3 p.m.

Order homemade pies and cakes. Cost is \$7 per slice of \$50 for a whole pie or cake. Choices are Chocolate Dream Supreme Pie, Sopapilla Cheesecake or 1927 Carrot Cake. Call 472-2155 to reserve; made to order each week.

The Community House is looking for sponsorships for Line Dancing classes. Contact Allison at office@sanibelcommunityhouse.net.

Shell Critter Kits to Go are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. Visit www.sanibelcommunityhouse.net or call 472-2155.✧

Parade Gets Go Ahead But Fireworks In Doubt

by Wendy McMullen

The July 4th parade will go joyfully ahead for the first time in two years but the annual fireworks display is in question.

Vice Mayor Richard Johnson questioned whether fireworks were at odds with Sanibel's sanctuary island status.

"The last two years have given us an opportunity to enjoy the Fourth of July without the fireworks and as I've looked at this, I find that fireworks are somewhat inconsistent with everything else we believe in and who we are and what we are," said Johnson, adding that the fireworks disrupted the wildlife on the island.

Support for Johnson came from Councilman John Henshaw. "When you have different colors, that's heavy metals being burned and polluting the water," Henshaw said. "We can't lead by example if we don't give a good example. Since we've already lived without it, let's continue to live without it."

Councilman Scott Crater, while not disapproving the display, was concerned about the litter and policing.

Neither Sanibel-Captiva Conservation Foundation CEO James Evans or City of Sanibel Director of Natural Resources

Holly Milbrandt exactly approve of the fireworks but agree that the location on the bay by the causeway is best for staging the fireworks.

Councilman Mike Miller asked Johnson if he afforded any credibility to the arguments that if the controlled public display were canceled, fireworks may be set off at other locations such as the beach.

"It makes sense. It's a logical statement. I don't know if that would be the case but we don't sanction drag races on Sanibel so we can avoid speeding," commented Johnson.

Resident Arlene Dillon thanked the vice mayor for bringing up what she considered a very important issue and suggested the council look at alternatives.

Most of the cost of the fireworks display has already been included in the budget but the cost has increased this year by 25 percent, bringing the total to \$25,000. Mayor Holly Smith is working with the Sanibel & Captiva Islands Chamber of Commerce, among others, to contribute to the cost if the display takes place.

The fireworks are staged by a professional team at the end of Bailey Road and last around 30 minutes. Fireworks are prohibited on the island with this one traditional exception.

No decision was made at the April 5 city council meeting and it will be discussed again at the May 3 council meeting. Public comment may be heard at the meeting in MacKenzie Hall or via www.mysanibel.com.✧



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Miss Gould with her class

Captiva Island Historical Society

Looking Back: Miss Gould

This week's image depicts Miss Gould's class at the schoolhouse, circa 1914-15.

The History Gallery, developed by the Captiva Island Historical Society, features many



photo courtesy Captiva Island Historical Society Archives

photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane, and open during library hours. Call 533-4890 for information.

Visit the website at www.captiva-island-historical-society.org/archives/research to view many more images to bring you closer to Captiva.*

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS

Shabbat services including Torah reading Friday 7:30 p.m. led by Rabbi Stephen Fuchs and Cantor Murray Simon. Services at Sanibel Congregational United Church of Christ in Fellowship Hall and on Zoom. Saturday morning classes at 9:45 a.m. on Zoom. Email batyamsanibel@gmail.com for links to services and information, 2050 Periwinkle Way.

CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Worship services every Sunday at 11 a.m., November 14, 2021 through April 24, 2022. Sunday services posted on the chapel's website, www.captivachapel.com and www.facebook.com/Captiva-Chapel-By-The-Sea. 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 7:30 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST

Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH

Sunday services at 9 a.m. and 11 a.m. in the Sanctuary. View the Sunday services via livestream at 9 a.m. or later online at www.sanibelchurch.com. Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. Traditional Worship Service at 10:30 a.m. www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed. Martin, Pastor. Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 a.m. and 10:30 a.m. www.saintisabel.org, 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Bill Van Oss, Rector. Service schedule through April, Saturday at 5 p.m., Sunday at 8 a.m. and 10:30 a.m. The 10:30 a.m. Sunday service is also livestreamed at www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. one Sunday each month from January through April on Zoom or at Sanibel Congregational United Church of Christ. ruthiyengar42@gmail.com, 2050 Periwinkle Way, 847-309-3926. Email changes to press@islandsunnews.com or call 395-1213.*



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The head table for the event, from left, Bob Stone, Joe Anding, Leslie Anding, Rabbi Stephen Fuchs, Fr. Pat Boyhan, Paul Nolan, Dorris Nolan and Myrna Stone photos provided

Ecumenical Passover And Easter Gathering

Rabbi Stephen Fuchs of Bat Yam Temple of the Islands on Sanibel joined with Fr. Pat Boyhan of St. Columbkille Catholic Church in celebration of a Passover Seder, held at Iona Hall on April 12. It was sponsored and organized by SanCap Catholics,

an autonomous, voluntary island organization seeking to advance individual and community lives as Catholic Christians living in a world of challenges and opportunities. Rabbi Fuchs spoke to an audience of over 160 attendees about the traditions and symbology in the Jewish faith that are commemorated during Passover. Rabbi Fuchs' style of speaking is filled with stories and sprinkled with humor, and combines lessons from the Old and New Testaments that resonate with



From left, Hubie and Patsy Whitaker, Antonio "T" Comella, Suzie Cullen, Donna Oberhill and Mark Gray

today's societal challenges. As part of the ceremony, attendees learned the meanings of the various components of a Seder meal, and their relationships to the trials of the Jews during their escape from Egypt under the guidance of Moses. Additionally, the SanCap Catholics team created, cooked and served a meal for all. The evening was filled with good fellowship, some reflections of current day issues in Ukraine, and the opportunity to celebrate common themes during the Passover and Easter season.*



Rabbi Stephen Fuchs speaking to the group



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Weisberg family photos provided

Beach Cleanup Raises Funds For Island Preschool

The Children’s Education Center of the Islands (CECI) held its 2nd annual Spring Beach Cleanup and fundraiser on April 9. Local families pitched in at Gulfside City Park, Lighthouse Beach Park and the Sanibel Causeway to collect and dispose of trash from the beaches. Over 200 pounds of trash was removed.

This effort to clean the beach while raising money for the school doubled the goal of \$5,000, bringing in \$11,195. Children also created crafts out of recycled materials and had an egg hunt on the playground.

CECI thanks all the families who took part in the cleanup and to all the donors, which included Toys Ahoy, A Little Adventure, Pinocchio’s Original Italian Ice Cream, Point Ybel Brewery, MacIntosh Books & Paper, Whitney’s Bait & Tackle, On Island, Reel Islander Apparel, Blue Giraffe restaurant, Naples Soap Company, Sanibel Day Spa, Bank of the Islands, Her Sports Closet and Captain Noah’s Fishing Charters.✱



Paxton filled a bag



Kopp family



Crew and Oliver opening the eggs they found hidden on the playground



Amadio family



From left, Cash, Josh, Madden, Kai and Connor, CECI alum and Sanibel School volunteers

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Lorin Arundel

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Contributing Writers

Kay Casperson	Dr. Jose H. Leal, PhD
Constance Clancy, EdD	Kealy McNeal
Suzy Cohen	Capt. Matt Mitchell
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City Thanks Residents For Input



The city set up a booth at the Sanibel Farmers Market to gather input from island residents
photos provided

There were over 200 attendees at the "Recreation Reimagined" open house at the Sanibel Recreation Center on April 9. The City of Sanibel thanks community members, volunteers, Sanibel nonprofits, HOAs, service clubs and staff who helped make this event possible.

There was also good attendance at the Sanibel Farmers Market on April 10, with over 100 people stopping by the City of Sanibel booth to provide input.

The open house and farmers market were the visible elements of a three-day public engagement effort. The feedback the city and its consulting team receive is invaluable.

There were 40-plus community members who took part in focus groups which provided vital information for the recreation study. The city extends its thanks to BIG ARTS for hosting the focus groups at its facility.

The Kiwanis Club of Sanibel-Captiva provided food and beverages for the event and Sanibel Bicycle Club helped distribute rack cards to the community.

The community engagement activities



Robin Christian won the raffle for a tote bag filled with goodies

over the April 9 weekend were just part of the community conversation.✱✱

Still Time To Comment On Recreation Plans

by Wendy McMullen

There is still time for citizens to give their opinions on what the reimagined recreation program run by the City of Sanibel should look like.

Input will help the city make decisions about the types of recreation facilities, programs and activities that citizens want now and in the future. These surveys are part of a comprehensive assessment, analysis and evaluation of the city's recreation facilities and programs in an attempt to coordinate recreation for all residents, including youth, adults and

seniors. The results will be detailed in a report for reimagining the future of the city's recreation department facilities.

Consultants from Berry Dunn were on island on April 8, 9 and 10 meeting with city staff and various focus groups to discuss what they imagined the recreation needs would be. They were also involved in the open house at the Sanibel Recreation Center on Saturday and at the Farmers Market on Sunday.

Residents, business owners and visitors who would like to comment can go to the city's website at www.mysanibel.com through Wednesday, May 11 and click on the "Recreation Reimagined" box on the left hand column in order to participate. The site has been designed for users and nonusers of the recreation facilities and programs, and for all ages.✱✱



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OBITUARY

PAUL E. CLEMONS

Paul E. Clemons of Sanibel, Florida passed away peacefully at home on April 11 at the age of 94. He was born January 13, 1928 in Tiffin, Ohio to Elmer and Hopewell Clemons.



In his teens, Paul and his family moved from Tiffin to Port Clinton, Ohio where they collectively worked at several family owned businesses. On October 16, 1948, Paul married his lifelong sweetheart, Patricia A. Price, who passed away in Florida on April 16, 2015.

Paul spent the major portion of his career as the owner/manager of The Old Island House Inn in downtown Port Clinton. Together, Paul and Pat, with their staff, served thousands of visitors during their time at The Island House from 1963-86. Their retirement years were spent living an active lifestyle on Sanibel.

Paul is survived by his son, Paul E. Clemons, Jr. of Oak Harbor, Ohio, and three daughters; Barb Clemons of Port Clinton, Ohio; Dawn Clemons (William Thompson) of Jupiter, Florida; and Susan (Lonnie) Freeh of Castalia, Ohio.

His grandchildren are Amanda

Herrera, Ashlee Mincer, Lindsey Daup and Nicholas Clemons. Great-grandchildren are Daniella Herrera, Lily, Landon and Christian Mincer, Makenna Garza, and Connor and Kyla Clemons.

Paul is also survived by his brother, Donald J. Clemons of Marblehead, Ohio, and his sister-in-law, Jan Davis, and brother-in-law, Jack Price, both of Marysville, Ohio. His sister, Donna J. Swiergosz, and brother, Lynn A. Clemons, are also deceased.

Family services will be private. Memorials, if desired, may be made in care of Hope Hospice of Fort Myers, Florida.

The family wishes to thank Dr. Robert Bussing of Sanibel, Florida and Hope Hospice for their compassionate care.✱

Memory Café

Interfaith Outreach of SanCap will hold its third monthly Memory Café on Tuesday, April 24 from 10 to 11:30 a.m. at The Community House. This event is designed for individuals with memory issues and their loved ones, and facilitated by the Dubin Center.

Activities will be centered around the season of flowers. Refreshments will be served. There is no charge to attend but reservations are requested and can be made by contacting the Dubin Center at 437-3007 or riley@dubincen.com.

Interfaith Outreach of SanCap is a partnership of Captiva Chapel by the Sea, Sanibel Congregational United Church of Christ, St. Michael and All

Angels Episcopal Church and Bat Yam Temple of the Islands.

The Community House is located at 2173 Periwinkle Way on Sanibel.✱

OBITUARY

R. JAMES FOSTER

R. James Foster Jr. (Jimmy) passed away peacefully at his home on Friday, April 15, 2022 after a battle with Parkinson's disease. He is survived by his wife Lisa (Iannotti), sons, Ian (Dayna), Eli, James and Liam, sister Susanne and brother Kipp (Cari).



Born on June 22, 1942 in Pittsford, New York, Jimmy graduated from Denison University in Granville, Ohio and served in the U.S. Navy as a lieutenant (junior grade). An avid musician, Jimmy played drums and did a stint with Rochester, New York natives Chuck and Gap Mangione.

In 1973, along with brother Kipp, Jimmy opened The Rusty Nail restaurant in Cortland New York, the first of their many New England restaurants, which included The Millyard (Manchester, New Hampshire), 300 Derby Street (Salem, Massachusetts), F. Parker Reid's

(Portland, Maine) and The Finish Line (Waterville Valley, New Hampshire).

In 1978, joined by friend Jim Keyser of Naples, Florida, the brothers opened The Timbers Restaurant (Sanibel Island, Florida), the first of their many Florida restaurants. Jimmy moved to Sanibel Island in the early '80s and lived here while opening The Prawnbroker restaurants in Fort Myers, Marco Island and Bradenton.

He moved to Stuart, Florida with Kipp to open The Prawnbroker (Sewalls Point) where he met his wife Lisa. The brothers, along with partners Matt Asen, Michael and Ed Schilling, opened several other restaurants in the greater Stuart area, where he raised his four boys.

An avid windsurfer and tennis player, Jimmy summered with his family on Canandaigua Lake in Upstate New York.

"Fair winds and following seas!"✱

OBITUARY

DR. ROBERT HENRY FISHER

Dr. Robert Henry Fisher, DC, practiced chiropractic medicine for 35 years on Sanibel Island. He dedicated his life to providing healthcare for thousands of patients, starting in Upstate New York with his father in



1968, then operating a large clinic in New Hampshire, and then moving his family and practice to Sanibel Island in 1987. His diverse expertise specialties included chiropractor, sports medicine, nutrition and extraordinary touch skills.

Dr. Bob, as he was affectionately known, passed away peacefully in his Sanibel home on April 1. He is survived by his family: wife Kandy; two daughters, Holly and husband and grandchildren Katie, Trevor and Emily of Stuart; and Catherine (Triny) of Sanibel; sister Fran and family of North Carolina; and sister-in-law Barbara and family of South Carolina. He was preceded in death by Carolyn, his beloved first wife of 44 years.

A celebration of life is planned for the near future on the beach to enjoy the island's sun and sand, one of his joys. Details will be announced.

Donations to Sanibel-Captiva Conservation Foundation (SCCF) at 472-2349 can be made in his name to honor Dr. Bob's commitment to preserving the natural habitat of the islands, and of the turtles.✱

Blood Drive On Sanibel

There will be a blood drive on Friday, April 29 from 10 a.m. to 3 p.m. at The Community House, located at 2173 Periwinkle Way on Sanibel. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.✱

SUMMER HOURS: (Beginning May 3) Tues. - Sat., 10 a.m. - 1 p.m. SANIBEL HISTORICAL MUSEUM & VILLAGE



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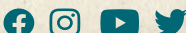
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Together, we have fed the needs of others and shared the hope of spring with our island neighbors in need.

special thanks to these participating businesses & drop off locations:

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—a FISH volunteer



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Whitehead bogbutton is a native member of the pipewort family photo by Gerri Reaves

Plant Smart

Whitehead Bogbutton

by Gerri Reaves

Native whitehead bogbutton (*Lachnocaulon anceps*) is a long-lived perennial wildflower of the pipewort family.

It is found in the southeastern states

and as far west as Texas.

Also called common bogbuttons, it is listed as rare in South Florida by the Institute for Regional Conservation.

It occurs throughout the state in wet soils and areas that experience flooding, as the word “bog” implies – from roadsides, ditches and marshes to savannahs and pond sides.

White to pale gray button-like inflorescences appear at the top of the leafless stalks.

Densely packed and spherical, the flowerheads are a mere fifth to a third of an inch across and look like a puffball atop a pipestem.

Each tiny petal-less floret has three sepals.

They bloom in spring and summer.

This species closely resembles its relative, yellow hatpin (*Syngonanthus flavidulus*) and often grows near it. However, whitehead bogbutton is smaller and usually has hairy rather than smooth stems.

The tapered grass-like leaves are from a half to about three inches long. They form a dense spiral cluster at the base of the plant.

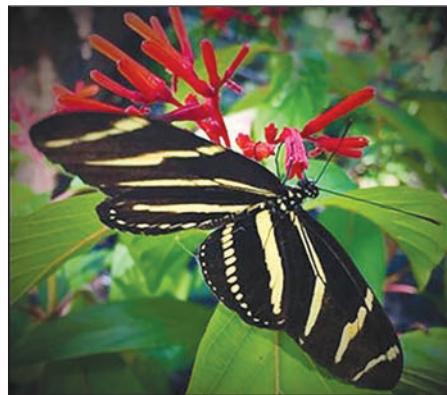
Overall, the plant forms a dome of rosettes perched on super-slender stalks. It produces a miniscule pale to dark brown seed.

This plant is an excellent choice for a bog garden. Give it full to partial shade.

Sources: *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *The Guide to Florida Wildflowers* by Walter Kingsley Taylor.

<http://floranorthamerica.org>, www.fnps.org, <https://plants.ifas.ufl.edu>, and www.regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.✱



Zebra longwing (*Heliconius charithonia*)

photo by J. Zimomra

Native Plant Walk At City Hall

The City of Sanibel Vegetation Committee is offering a guided native vegetation and landscaping tour of city hall grounds on Saturday, April 23 at 10 a.m. Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required.
Attendees meet at the main entrance
to Sanibel City Hall, located at 800
Dunlop Road. For more information,
email san.dnr@mysanibel.com or call
472-3700. ✨

Poetry Corner

by Vicky Lettmann

Another Bird Appears in My Life

When I pull into the garage,
there she sits on the railing
by my office window.

A baby great egret.
Forget trips to Target, she says.
Have you forgotten about me?

How odd that she has come to sit here.
Hunting for lizards maybe?
Perhaps she wants to remind me

that I live near a sanctuary for birds.
She is just being herself.
Long black legs and big feet

curled tightly to the railing.
Undisturbed even when I lower
the garage door, she merely turns

her head, first one way and then the other.
Keats did rhapsodize to his nightingale.
Was it a vision or a waking dream, said
he.

I wish to fill the air between us
with such glorious verses,
but I have no such songs for her.

My stalwart visitor turns her head
slightly my way. Since I have my phone,
I take her picture, that baby.

She decides our time is up,
raises her new wings, flies.

Vicky Lettmann's most recent collection of poetry is *Listening to Chopin Late at Night*, available in local bookstores and the BIG ARTS gift shop. She enjoys sharing her love of writing with others in her Joy of Writing workshops at BIG Arts and on her website at www.turtlehouseink.com. Lettmann and her husband, John, divide their time between Sanibel and Minneapolis. ✨

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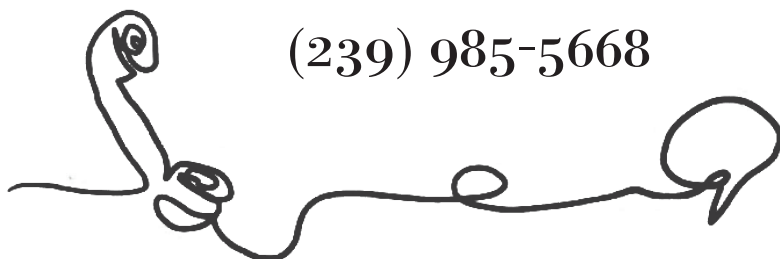
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Anticipation For Tarpon Is Over



by Capt. Matt Mitchell

The full moon in April did wonders for our tarpon fishing. After only seeing a few scattered fish, it was like the starting gate had been opened and, almost everywhere I looked

for tarpon, we found tarpon.

This big push of fish marks the start of the annual migration and some of the most amazing fishing of the year.

Switching gears to tarpon fishing is always a much anticipated time of year among both guides and anglers alike. Although I have heard of a few fish caught here and there over the past few weeks, conditions until now just have not quite been right. Water temperature is a major factor in what seems like a little bit later start than in the past few years to get to that magic 76 degrees.

Everyone you talk to has a favorite place and method to target these fish. Growing up here, I was all about setting up on an anchor at Knapps Point with cut baits. We would buy shad and cut them to create a chum slick while we soaked baits on the bottom.

This Knapps Point area can be described as the tarpon triangle when you draw a line to Naples. It is a staging area for massive amounts of fish before



A "silver king" going airborne

they push up into the passes and bay. Although it's a huge area most days, it's about finding the threadfin herring and pretty water, and the tarpon will be there. Wind conditions play a huge factor in being able to locate fish out in this exposed area. Drifting live threadfin is now the method of choice even though cut-bait fishermen still get it done.

These tarpon will also be traveling up and down all of our beaches. Getting out early to present live baits to these fish can be extremely productive. The beaches of Cayo Costa have extremely clear water and allow you to track these fish even while they are below the surface. Deep water close to the beaches of Captiva means these fish come in extremely close and are often in casting distance of beach anglers.

Many anglers opt to fish the passes while drifting the outgoing tide with crabs.

photo provided

This method can be very effective at Boca Grande, Captiva Pass, Redfish Pass and even Point Ybel. It's often very crowded, though if everyone is on the same page, it can be very successful. This bite is more about the strong outgoing tide, and the action can go on any time of day. Over the past few years, I'm seeing more and more tarpon around the causeway bridges on this same tide pattern. Anglers setting up on a spot-lock trolling motor and drifting baits back around the pilings have been getting it done.

Many areas in the sound are magnets for these fish that return to these same places year after year. In early season, the deep hole south of Marker 8 is a popular cut-bait spot along with Marker 4 between Picnic Island and the B span of the causeway. Further up the sound, the whole back side of North Captiva will have traveling fish as they move between

Redfish Pass and Captiva Pass. Deeper channels that travel both north and south from Captiva Pass turn into tarpon highways.

No matter what method or where you choose to tarpon fish, these fish are like nothing else that swims. Although this can be some of the most frustrating fishing you will ever do, with patience comes great rewards. All it takes is hooking into one of these magnificent fish and the hype is totally understood. Every spring, we are lucky enough to have a backyard where tarpon from all over the world migrate to.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✴

From page 1

Shell Museum

cowries and seahorses.

Conchs are amazing animals with conservation histories both successful and complex. Aquarists share their expertise on the lifecycle, anatomy, economic importance of the queen conch, as well as other animals that coexist in their ecosystems.

Queen of the Sea complements the daily 11 a.m. Giant Pacific Octopus Keeper Chat, during which visitors learn about the octopus' behavior, nutrition, different types of enrichment and training, veterinary care and water quality. Keeper Chats are included in the cost of admission to the museum, and are made possible by the support from Bank of the Islands.

"These kinds of in-person gallery dialogues and experiences are a fun and impactful way for visitors to learn more about these animals," said Sam Ankerson, executive director of the museum. "People are captivated by the aquarists' knowledge of the conchs, giant Pacific octopus, and other marine life in their care. The museum is grateful to Bank of the Islands for making Keeper Chats possible."

Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. It is open from 10 a.m. to 5 p.m. daily. For more information or tickets, call 395-0900 or visit www.shellmuseum.org.✴

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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Brown Pelican

by Bob Petcher



The brown pelican (*Pelecanus occidentalis*) is the most common species of pelican in Southwest Florida. In fact, of the eight species of aquatic bird of the family Pelecanidae, only

two can be found in North America – the brown pelican and the American white pelican, the latter of which lives in fresh water along the interior of the continent.

The brown pelican, like its cousins, is probably one of the most distinctive birds around. It is a large seabird with an S-shaped body that is made up of a giant bill, small head, long neck and stocky body.

Brown pelicans can be seen in pods, especially around fishing boats, waiting for scraps to hit the water. They are known for their diving ability, with beaks open to scoop up fish and swallow them whole. They will tip their bills down to drain the excess water prior to swallowing fish. Their extendable skin along their throats can hold nearly three gallons of water.

At CROW, an adult brown pelican was admitted after being found in Fort Myers with its beak entangled in fishing line attached to mangrove trees. Upon intake



Patient #22-1514 escaped serious injury after being entangled in monofilament line attached to a mangrove tree

photo by Adriana Ferello Sheehan

examination, staff noted a neck laceration and a small pouch laceration, two injuries suspected to be from different incidents.

"The neck laceration was a new wound leading to admit. The pouch laceration was already showing signs of healing and shrinking, and we suspect will resolved on its own with more time," said Dr. Charlotte Cournoyer, CROW veterinary intern. "The neck laceration we know was secondary to being entangled by fishing line. It is strongly suspect the pouch laceration is also secondary to fishing gear-related trauma."

While no surgery was required to

repair the wounds, the patient did need protection against infection with breaks in the skin.

"The neck laceration has been healing very well with daily bandaging," noted Dr. Cournoyer. "The beak itself appears healthy."

The patient was placed on a feeding plan and will continue to be monitored under supportive care.

"We started with a liquid diet since the patient was quite thin and worked back to fish over several days, which the patient is now eating well," said Dr. Cournoyer. "Other care includes pain medications and

antibiotics to treat infection in the wound."

The brown pelican has been at the CROW clinic for just over one week, and the prognosis from its injuries looks promising.

"The wound has been healing very well, and we suspect the patient will be able to move outside later this week, where it will get more time in water and flight conditioning prior to release," said Dr. Cournoyer.

While the patient did not sustain major injury from its beak being entangled in fishing line, the situation could have been far worse and maybe fatal in a different circumstance. This ongoing issue with monofilament line affecting wildlife continues to be an environmental problem and a concern among local conservation organizations.

"Fish hook and line entanglement is sadly a common cause of our native wildlife presenting to our hospital with injuries. We ask that you always remove all gear when fishing and leave the place more beautiful than when you found it," said Dr. Cournoyer. "Please visit www.mindyourline.org to learn more about how to safely remove hooks from birds and other tips for fishing gear removal."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has programs for residents and visitors. Admission is \$12 for adults, \$7 for ages 4 to 12, and no charge for ages 3 and under.

Learn about CROW's history and day-to-day operations through displays, interactive exhibits and video. The center also features live animal exhibits, children's areas and live camera feeds of the hospital intake room and several outdoor rehabilitation enclosures. Admission includes the daily presentation and no reservation is required.

Hours are 10 a.m. to 4 p.m. Monday through Saturday. CROW is located at 3883 Sanibel-Captiva Road.

Wildlife Walk With Rehabilitators and Staff – Monday to Friday, 11 a.m. to 12:30 p.m. and 2 to 3:30 p.m., and Saturday, 11 a.m. to 12:30 p.m. Cost is \$25 and includes general admission.

Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. This program is not recommended for children under the age of 13. Advance registration is required. To register, call 472-3644 ext. 229 or email reservations@crowclinic.org. Payment is required to complete reservation.

Daily Presentation Schedule

Friday, April 22, 11 a.m., Baby Care at CROW – Wildlife parents are devoted to the care of their young and



rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the hospital and provided supportive care until they are old enough to care for themselves.

Friday, April 22, 2 p.m., Patient Profiles: Gopher Tortoises – The life of a gopher tortoise revolves around its burrow. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Saturday, April 23, 11 a.m., A Day in the Life – Students and volunteers share their favorite patient stories and give you an inside look at what happens behind the scenes.

Monday, April 25, 11 a.m., Patient Profiles: Armadillos – Nine-banded armadillos are found throughout the U.S. and Southwest Florida, although they weren't always here. This presentation explores how armadillos came to the U.S., what benefits they provide for the ecosystem, and how they adapt.

Monday, April 25, 2 p.m., Patient Profiles: Virginia Opossums – Virginia opossums are the only marsupial native to the United States. They are highly adaptable and a unique member of

Florida's wildlife. Learn how they play an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Tuesday, April 26, 11 a.m., Raptors in Rehab – The rehabilitation process for raptors is dependent on their age. Staff must take proper precautions to prevent habituation and ensure success in the wild once released. Adult raptors have physical characteristics helping them to hunt prey, defend themselves from predators, and other natural survival behaviors. This talk will cover how their talons, beaks and strength make it important for hospital staff to be trained in proper handling.

Tuesday, April 26, 2 p.m., Species Profile: Bats – Bats are the only true flying mammals on earth and their many physical adaptations provide them with unique advantages in the ecosystem. This presentation discusses the common bat species found around Florida, general characteristics of bats, why bats come into CROW, and their benefits to both the ecosystem and humans.

Tuesday, April 26, 4:15 p.m., Speaker Series: Shy Wolf Sanctuary – To Heal Hearts and Minds Through Rescue, Sanctuary and Education (in person or virtual via Zoom) – presented by Debbie LoVerde, community education coordinator for Shy Wolf Sanctuary. Shy Wolf Sanctuary provides refuge and rehabilitation to non-releasable wild and captive-bred exotic canines, including wolves and wolfdogs. The team works to share the message of preserving

wolves in natural ecosystems, respecting wild and captive-bred exotics and encouraging coexistence with wildlife. To register, visit www.crowclinic.org/articles/2022-speaker-series.

Wednesday, April 27, 11 a.m., Wildlife Rescue 101 – Animals communicate in a variety of ways and, at times, indicate their need for human assistance. This program covers wildlife rescue assessment as well as handling techniques. One of CROW's animal ambassadors will be present.

Wednesday, April 27, 2 p.m., Snakes of Southwest Florida – Florida is home to 46 species of native snakes, only six of which are venomous. Most species are harmless to humans and form vital links in the ecosystem. One of CROW's animal ambassadors will be present.

Thursday, April 28, 11 a.m., Patient Profiles: Birds of Prey – Raptors have specialized beaks and talons that make them some of the most effective hunters. This presentation discusses the unique adaptations of native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Thursday, April 28, 2 p.m., Enrichment – When animals are recovering, they need certain things to feel at home. Whether it's a branch, hamster wheel, hollowed-out tree or pool of ice, patients need things to keep them occupied and enhance their skills. This presentation discusses what the team does for enrichment and why this is important. One of CROW's animal ambassadors will be present.✱

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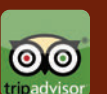
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Bailey-Matthews National Shell Museum
Shell Of The Week

The Florida Moon Snail



by José H. Leal,
PhD, Science
Director and
Curator

N*atica tedbayeri* (Rehder, 1986) reaches about 34 mm (1.34 inch), and has a globose shell with thin walls, umbilicus

and callus white, umbilicus deep, filled in part by the white, plug-like callus. Color similar to the Colorful Atlantic *Natica*, but differing by the "simpler" color pattern of wide tan bands on a white background. The bands are bordered by lines of interrupted dark-brown or orange segments. Shell sculpture lacking, except for faint growth lines. Read more about mollusks and their shells at <https://shellmuseum.org/shell-guide> and <https://shellmuseum.org/blog>.

Bailey-Matthews National Shell Museum is a natural history museum, and the only accredited museum in the United States with a primary focus on shells and mollusks. It is open daily from 10 a.m. to 5 p.m., located at 3075 Sanibel-Captiva Road. For more information, call 395-2233 or visit www.sanibelmuseum.org.



The Florida Moon Snail, *Natica tedbayeri*, from off Cocoa Beach, Florida

photo by Patricia A. Starkey

Rare shell find? Stop by our office at 1640 Periwinkle Way so we can take your photo for publication, or email press@islandsunnews.com.

American Legion Post 123

American Legion Post 123 is holding a membership drive and member picnic on Saturday, April 23 from noon to 7 p.m.



Barbecued ribs and chicken are on the menu for Sunday, April 24.

On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m. Residents and visitors are invited to play.

The 9-Ball Pool League plays on Mondays at 5:30 p.m. Two tables are in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday, 11 a.m. to 9 p.m., and Sunday, noon to 9 p.m. For more information, call 472-9979.*

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Being Visible For Safe Cycling



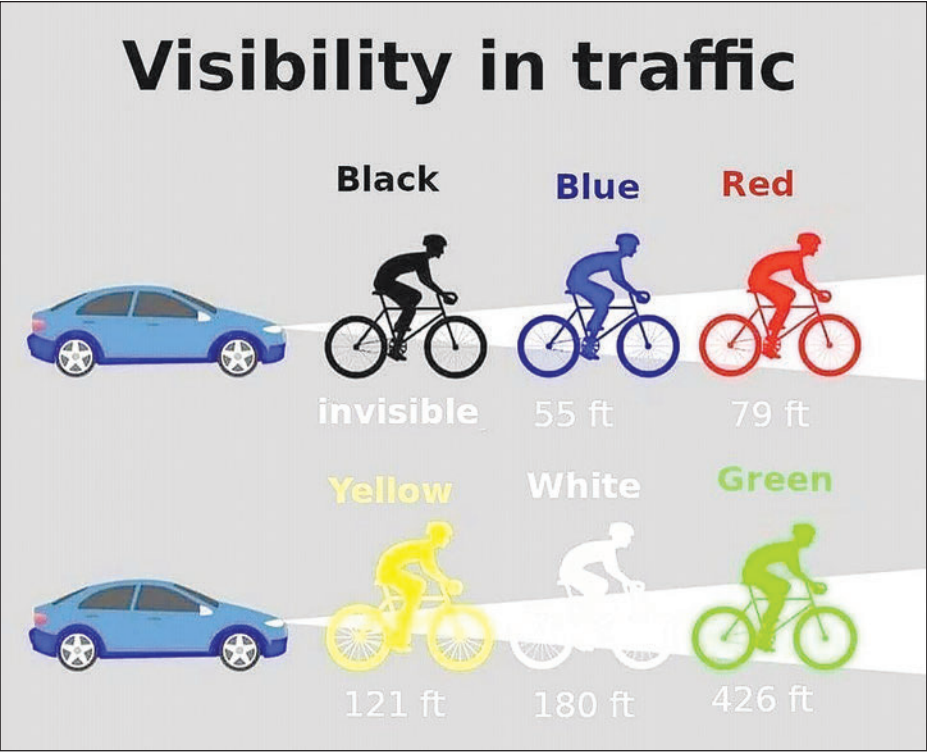
by Allison
Havill Todd

One of the many facets of our islands that attracts an abundance of residents and visitors is the cycling friendly nature of our community.

The miles of shared use paths and easy-to-navigate roadways make riding a bicycle one of the best ways to experience the beauty of Sanibel and Captiva islands. Along with this privilege comes a responsibility for our own wellbeing.

In addition to following guidelines that promote cycling safety and etiquette, we should also consider adopting methods to be as visible as possible to motorists in both daytime and nighttime hours. While we may easily be able to see everything clearly around us while riding, we are not as visible to cars and other cyclists as we may be inclined to believe. With increased traffic on the islands, it is worth evaluating our choice of attire and equipment to minimize the risk of accidents and injuries.

According to *Cycling* magazine, the most visible color during the daytime is a bright yellow-green, with red and



Color visibility chart

image courtesy www.reddit.com

other darker colors being the least visible at a distance. Fluorescent colors such as yellow-green, neon orange and pink appear to be 200 percent brighter in daylight than conventional colors, though their effectiveness diminishes as daylight dwindles to favor bright reds. Though they may appear sleek and stylish, grays, blacks and other dark colors make cyclists

virtually invisible at any time of day. Even in broad daylight, there are always patches of shadows and dark tunnels along our paths and roadways due to our islands' desirable lush vegetation and tree canopies. In these areas, cyclists (along with pedestrians and runners) disappear into the landscape, making it difficult for motorists, or others, to see them until it may be too late to avoid a collision. In working toward becoming as visible as possible, our intention is to wear colors as bright as possible that contrast with our environment. There are many ways to incorporate fluorescent colors into your cycling attire with gloves, shoes, vests, helmets or arm sleeves. Proper lighting is also a key element in making yourself visible at any time. Since bright clothing and fluorescent colors become ineffective in low light and evening hours, good lighting on your bicycle becomes even more critical. A

flashing white light on the front of your bike along with a flashing red light on the rear will alert motorists to your presence from quite a distance at any time of day. If you are a visitor to the islands and renting a bicycle during your stay, it is well worth the few extra dollars to purchase the proper lights from a local bike shop to use during your vacation, and they will be small enough to pack into your luggage for your trip back home. Another layer of protection in the evening is the use of reflective strips, which are particularly visible when placed on moving parts such as your shoes, wheels or pedals where the motion is likely to be most recognizable to motorist.

When these items are used in combination – bright colors, proper lighting, reflective materials – you will substantially reduce your risk of being involved in an accident. While we know that legally motorists are to yield to pedestrians and cyclists, there is a wide discrepancy in drivers' attention and reflexes, so we need to assume the responsibility for our own safety by minimizing the risks. Be safe and happy cycling!

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggie mom and facebook.com/thedoggie mom.*

Lecture

advance registration is required. Admission per person or device is \$10 plus applicable taxes and fees. To reserve, www.crowclinic.org/articles/2022-speaker-series or call 472-3644 ext. 222. CROW's 2022 Speaker Series programs are offered January through April. CROW is located at 3883 Sanibel-Captiva Road. For more information, visit www.crowclinic.org.*

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Fish Caught



Mike Layton and Charles Sobczak with the monster king mackerel

photo provided

Sanibel Island Fishing Club members Mike Layton and Charles Sobczak caught a king mackerel weighing nearly 40 pounds on April 15. It measured over four feet in length and was caught 30 miles off Redfish Pass over a natural ledge in the Gulf of Mexico.

The fish was taken on a 20-pound test line with a 30-pound leader and a #3

hook.

When first gaffed, the fish made one last run and ran off with the gaff still attached. The fight lasted more than 20 minutes and it was nothing short of a miracle that the anglers landed it.

To learn more about Sanibel Island Fishing Club membership or to explore the fish recipe section, visit www.sanibelislandfishingclub.com.✱

Shell Found

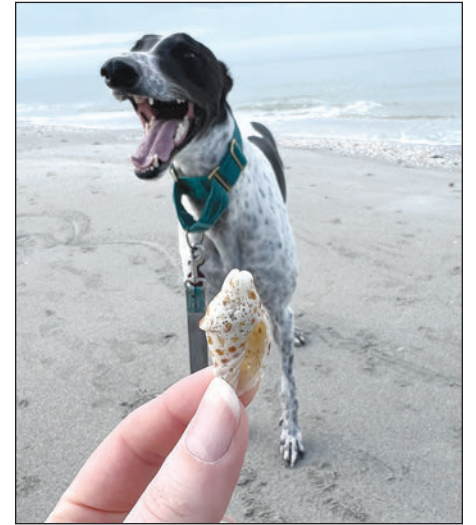


Lauren Venditto

photo provided

Lauren Venditto of Sea Oats Drive on Sanibel and Athens, Georgia found a junonia on April 10. She found it late in the morning while surf-shelling on a sandbar with her daughter Chelsea and son-in-law Jody at beach access 1. She said the shelling was exceptional on that day. Venditto is an avid sheller and has been in search of the elusive junonia for 35 years.✱

Shell Found



Tater

photo provided

A rescue greyhound, Tater, found a junonia at beach access 3 off West Gulf Drive on the morning of April 15. He's been looking ever since he arrived on the island, and while this one is not perfect, the family loves it all the same. Tater's hobbies include long walks on the beach, napping and begging for people food alongside his uncle Atticus, a fellow rescue greyhound. When not wintering on Sanibel, Tater lives in Brooklyn, New York with his mom, Melinda.✱

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Evan duPont and Calli Johnson photos by Kathy Kurtz Ferrari

What's 'Cap'-enings

A Glance At Captiva Events

by Kathy Kurtz Ferrari

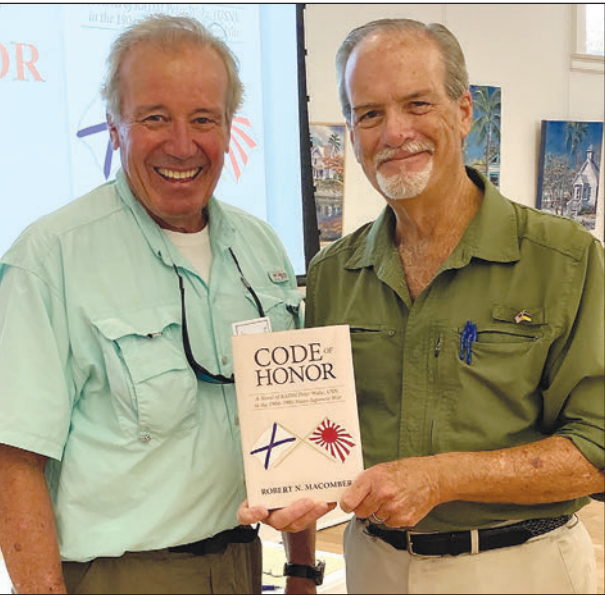
The Captiva Civic Association (CCA) had fun finishing up the season with two events this past week. Members and guests put on some bling for the finale of the Porch and Patio Series, a silver and gold party on April 11. With the tagline “Make new friends but keep the old. One is silver and the other’s gold,” those in attendance had a chance to mingle with familiar faces and meet some new ones.

Bank of the Islands sponsored the series, and according to CCA Executive Director Emily Hess Ankerson, the gatherings would not have happened without the bank’s generous support.

Then on April 18, CCA wine enthusiasts showed up for one last Perfectly Paired wine and food tasting. Calli Johnson and Tyler Haas introduced hard to find wines, but something tells me Bailey’s has found these interesting wines and will have them for sale!

Incoming CCA President Pam Rosen and the entire board are already making plans for next year’s schedule, so stay tuned for details in the fall.

The Captiva Memorial Library had a special guest on April 14, as award-winning author Robert Macomber came to share the story behind his newest book *Code of Honor*. This is the 16th book in his “Honor” series



Author Robert Macomber, right, signed a copy of his book, *Code of Honor*, for North Captiva resident Steve Holt



Jeanne Vaughn and David Lowden of Bank of the Islands



Jim and Susen Berg



Anna Irvine gets into the spirit of the silver and gold party



From left, Pam Rosen, Julia Grant, Cynthia Smith and Carol Ruot

and Macomber signed copies of his book for quite a few fans in the audience. His presentation was a fascinating lesson in history, as Macomber explained how the build-up to an early 20th century war between Russia and Japan reverberated throughout later tensions in the

world, including today. And that’s “What’s Cap-enings” on Captiva this week! Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. Email Kathy.islandsunnews@gmail.com.✧



From left, Merni Libonate, Ginny Reiss and Bonnie Dale



Ruth “Chooch” Sones and Karen Hatter

The Community House

Florida Watermelon



by Chef John Wolff

Nearly 80 percent of all U.S. watermelon production hails from four states – Florida, Georgia, Texas and California – but Florida surpasses all other states as the main supplier of U.S. watermelons, accounting for a total production of 907 million pounds or 25 percent of the domestic supply. Agriculture is an extremely important category in Florida's economy, and watermelon takes up roughly 30 percent of that category. Most of Florida's

melons end up in national grocery store chains across the country, such as Aldi and Kroger, through either brokers or wholesalers. The majority of Florida melons go to the Northeast and Canada, with a substantial amount shipped to the Midwest as well. Florida is one of the few places to have two watermelon crops per year; one in the spring and one in the fall.

Florida watermelon is a quick-growing crop, ready for harvest three months from planting. It is grown in rows in well-drained, sandy soils. Domestically, watermelon is produced and available from Florida through mid-July to the rest of the country, and then it opens up to a few other states and then again in the fall through mid-December.

Locally, planting typically begins in Immokalee in December. The temperatures are usually still warmer, which provides great growing weather for young plants.

Nothing says summer like sinking your teeth into a sweet slice of watermelon and enjoying the taste of the cool, juicy fruit. Next time you enjoy this tasty, nutritious snack, thank a Florida farmer. The Florida Watermelon Association (FWA) supports the state's watermelon industry through research, education

and promotion, ensuring both growers and consumers have the most up-to-date information about this important crop.

Per serving, watermelons are the best value for your money, which is extremely important in these unsettling times. It's also extremely low in calories, high in vitamin C and contains lots of water, making it a nutritious and hydrating

choice for those hot summer days.

There are so many ways to enjoy Florida watermelon. You can slice it up for a quick snack, blend it into a smoothie or make watermelon gazpacho (one of my favorites). Speaking of which, here is my watermelon gazpacho recipe which was served at recent fundraising gala hosted at The Community House.

Watermelon Gazpacho

Ingredients:

3 cups cubed watermelon (1-inch cubes)
2 celery stalks, roughly chopped
3 medium tomatoes, roughly chopped
½ English/hothouse cucumber, roughly chopped
2 red bell peppers, roughly chopped
1-inch piece fresh ginger, peeled and chopped
½ red chili pepper
Juice of 2 limes
Handful fresh basil leaves
½ teaspoon salt
⅛ teaspoon freshly ground black pepper
1 tablespoon apple cider vinegar

Instructions:
Set aside 3-4 cubes of watermelon, a

couple of celery pieces and a few leaves of basil to use as a garnish for the soup.

Put the remaining ingredients into a blender (if you run out of room, blend the vegetables for a few seconds to make more space for the other ingredients). Pulse until it reaches a soup-like consistency. Taste and adjust seasoning, if necessary. To achieve the fullest flavor, chill in refrigerator for at least 2 to 3 hours before serving. Finely chop the reserved watermelon, celery and basil. Pour the gazpacho into bowls or glasses and top with garnish.

*John Wolff is the resident chef of the Culinary Education Center of Sanibel at The Community House. He enjoys sharing culinary knowledge with future chefs of all ages. Contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.**

City Reorganizes Community Services

by Wendy McMullen

With the resignation of Community Services Director Keith Williams, Sanibel City Council members approved a plan by City Manager Dana Souza to go back to the former structure with the planning, building and public works department separated, each with its own director.

Prior to the creation of the community services department, the city's organizational structure included

a building, planning and public works department.

"We made an attempt to have something work and it didn't work the way we had anticipated, and sometimes you can just go back," said Mayor Holly Smith.

The first step of the reorganization will be to appoint interim directors for each department. Longtime city employee Harold Law will be promoted to the position of building director. He served as the city's building director before the creation of the community services department and is familiar with all aspects of its operations and services.

Two interim managers from the Southwest Florida-based engineering and planning company Hole Montes will serve

as planning director and public works director. Paula McMichael, now vice president of planning services for Hole Montes and a former planner for Sanibel, will be interim planning director. David Schmitt, vice president of municipal engineering services, will serve as interim

public services director. The estimated monthly fee for each will be no more than \$25,000 plus any expenses.

The reorganization combining the public works, planning and building departments, with engineer Williams directing, took place in October 2018.*

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Grants Help Create Pocket Refuges



East Lee County High students go to work on their pollinator garden photos provided

Each year since 2005, the JN “Ding” Darling National Wildlife Refuge, in partnership with “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS), has awarded conservation grants to local teachers for science projects related to studying the environment.

This year’s Environmental Education Grant program has created “Pocket Refuges” at eight Lee County district schools to teach students about the importance of pollinators and the habitat that sustains them. Working with Susan Hassett, district environmental education resource, DDWS has distributed a total of more than \$12,000 (\$1,500-plus to each of the schools) to buy supplies to create native pollinator gardens from a menu of indigenous plants, bird houses, trail cameras, solar-powered fountains and

other enhancements. Schools submitted proposals for building their gardens, which must be completed by May, and maintaining them for two years.

“Besides teaching kids the importance of pollinators, the Pocket Refuges are being used as mini field trips outside the classroom, where teachers can address different class subjects in an experiential way,” said Supervisory Refuge Ranger Toni Westland, who helped coordinate the project. “We’re finding the students feel a deep pride and ownership in their school’s garden.”

Schools participating in this year’s Pocket Refuge programs include Fort Myers schools Colonial Elementary, Edison Park Creative and Express Arts School, Lee Adolescent Mothers Program, South Fort Myers High, and Tice Elementary; Hancock Creek



Students at Tice Elementary planted and mulched 100 plants one day in mid-April

Elementary in North Fort Myers; East Lee County High in Lehigh Acres; and Trafalgar Middle in Cape Coral.

“This project is instrumental to provide an opportunity for the applied learning of science concepts in an easily accessible outdoor laboratory,” said Hassett. “The Pocket Refuges have become a source of joy and pride for school communities, who have collaborated and invested time and resources to build a beautiful spot for wildlife, and people to find serenity and inspiration. Transportation to off-campus locations for field trips has become practically impossible, so many teachers are very glad for an on-campus experience that can happen daily, allowing students to study the changes over time and the patterns of the natural world that are beneficial to us all.”

Most of the schools have already begun work on their gardens. Before Easter, staff and volunteers from “Ding” Darling spent a day at its current target Title 1 school, Tice Elementary, to work with students and teachers to get its pollinator garden under way with more

than 100 plants put in the ground.

“What a fun day digging in the dirt with students, staff and volunteers,” said Wendy Kindig, chair of the “Ding” Darling Education Committee, which oversees grant programs. “One highlight was finding a monarch caterpillar on a black-eyed Susan that formed a chrysalis before our very eyes. Such a teachable moment.”

“We are all very grateful for the leadership and generosity of the ‘Ding’ Darling Wildlife Society to support these dreams and to invest in a new learning experience for our students,” said Hassett. “The students who came out to help plant with their teachers, families and community have new connections that will reap benefits for a lifetime. Thank you for creating a more beautiful Lee County, both visually and experientially.”

DDWS funds Pocket Refuge projects through private philanthropy. Anyone interested in being a part of experiential learning opportunities can contact Sierra Hoisington at shois@dingdarlingsociety.org or 472-1100 ext. 4.✧

Conservation Carnival Sunday

JN “Ding” Darling National Wildlife Refuge celebrates its 33rd annual “Ding” Darling Day jointly with Earth Day at Lakes Park in Fort Myers on Sunday, April 24. The refuge and “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) have planned a full day of “Conservation Carnival” and nature activities from 10 a.m. to 2 p.m.

More than 20 local conservation nonprofits will be participating to engage visitors with information and carnival games where they can earn prizes. Games include Tarpon Bay Explorers’ Dolphin Toss, Lee County School District’s Shark Feeding and Sanibel-Captiva Conservation Foundation (SCCF) Coconut Bowling. Gamers can earn a free treat from Southern SnoBalls, plus other

gifts and prizes. The refuge hosts a dunk tank, where festivalgoers can try their luck at sinking surprise “celebrity dunkees.” All activities are free, but Lakes Park charges a \$1 per hour, \$5 per day parking fee.

“The games will all have an educational component, plus the day brings a number of tours and nature art activities,” said Supervisory Refuge Ranger Toni Westland, who chairs the event’s committee. “We will have our WoW Wildlife on Wheels mobile nature experience open all day to touring, plus there will be Earth Day crafts and lots of opportunities to enjoy the outdoors, such as a bilingual birding walks, biking and not just one, but two ‘Ding’ artists in residence on hand.”

Past artist-in-residence Rachel Pierce will lead a nature journal walk and do painting demonstrations. Upcoming artist-in-residence Jacqui Roch also will be painting plein-air. A schedule of the day’s

activities follows. Attendees can shop for unique nature-themed items at the Refuge Nature Store table, where all purchases support conservation. For a schedule of events, visit www.dingdarlingday.com.

Note: The “Ding” Darling Visitor & Education Center on Sanibel will be closed all day April 24, but Wildlife Drive, Tarpon Bay Explorers and Bailey Tract will remain open.

On Friday, April 22, “Ding” Darling will host family activities throughout the day at the Refuge Visitor & Education Center. Friday’s free activities begin at 9 a.m. with a ranger-led hike on Indigo Trail, followed by two nature-sketching walks to the Wildlife Education Boardwalk with local artist Vince Thomalla. Free sketch books are included. Pre-register for tours, which are limited to 10 participants each, at www.dingdarling.eventbrite.com. For more information visit www.dingdarlingsociety.org/articles/events.✧

From page 1 Deputy

Florida Public Service Academy, the training school for area firefighters.

“Paul probably instructed most of our firefighters, myself included,” said Captiva Island Fire District Chief Jeff Pawul. “He has been an instructor longer than most of us have been firefighters.”

According to Pawul, DeArmond didn’t want much fanfare or a party to recognize his retirement, but the presentation of an engraved plaque adorned with a golden-headed axe is a valued tradition in the fire department to honor longtime firefighters. Pawul said there haven’t been any other recent axe presentations on Captiva, and he doesn’t anticipate another one in the next five years. “Paul is well-known and respected in the county,” Pawul added. “He has been a tremendous asset for us to have here on Captiva.”✧✧

New Teacher A Positive Force For Middle Schoolers

submitted by Jeff Muddell,
President of Sanibel School Fund

Some people move to Sanibel to be closer to nature; others come to escape the northern cold. Some people move to retire; others, particularly in recent years, come to work remotely.

Paul Warren came to Sanibel to teach.

"We've loved Sanibel and we wanted to come here. Our family bought a home here five years ago, knowing that coming here full time was part of our master plan," said Warren.

"As for teaching in Lee County, I told everyone I only wanted to teach on Sanibel, because that's going to be my community school, and that's important to me."

When a middle school position became available last summer and was offered to Warren, the master plan went into action. He and his wife, Lisa, put the wheels in motion to move to Sanibel from Bay Village, Ohio, just in time for him to start teaching at The Sanibel School at the start of the new school year.

Just five months later, Warren was asked to take over the school's STEM (Science, Technology, Engineering



Paul Warren

photos provided

and Math) program. With his career spanning both teaching and engineering fields, school leaders are confident that the community-supported program at the school is in good hands.

"With the departure of Kelly Johnson, who helped create the STEM program, we looked internally first for a replacement," said Jaimie Reid, principal of The Sanibel School. "With Mr. Warren's background, we know he has the skills to take it to the next level."

Warren graduated from Penn State with a degree in manufacturing



Paul Warren assists students working on a coding project

engineering. Immediately after graduating, he teamed up with GE's manufacturing management program, moving up within the company through moves to three states. While climbing through the ranks at GE Healthcare, he earned an MBA at Marquette University.

But after more than 20 years in the manufacturing engineering world, Warren had a change of heart.

"That field was all I ever knew, and I wanted a change and a challenge,"

said Warren. "My boys were in middle school and I wanted to be involved with them, so I got my teaching certification."

Warren taught for five years at Bay Village High School in Ohio as an intervention specialist, similar to the ESE role at The Sanibel School.

"I'm excited to be involved with the STEM program that is supported by this community. I'm a lifelong learner, and I want my students to feel the same way – to be curious, to try new things," said Warren.

STEM can be found in some form at schools nationwide, but The Sanibel School has one of the more robust programs thanks to the generosity of the island community. The Sanibel School Fund annually raises support for the program through fundraising activities, including the Blue Ribbon Golf Classic, scheduled for Saturday, May 14.

When not teaching, you will find the Warrens working on their home. The couple has two sons – Sam, a photojournalism student at Ohio University who will be on Sanibel interning for his second summer at JN "Ding" Darling National Wildlife Refuge, and Will, a forestry student at University of Northern Arizona.

"This has been an exciting time for my family and me," said Warren. "I look forward to having the opportunity to shape this program into something that will positively affect all the students of The Sanibel School."✱

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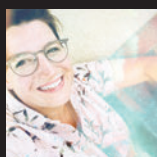
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 4 large tomatoes, diced
 2 cups celery, rinsed and diced small
 2 cups carrots, peeled and diced small
 2 cups onion, diced small
 8 cups low sodium vegetable or chicken broth
 1 can white beans, drained
 2 tablespoons fresh garlic, minced
 2 tablespoons fresh herbs (rosemary, thyme, oregano), chopped fine
 1 tablespoon all-purpose seasoning blend (such as Everglades)
 1 tablespoon olive oil
 1 tablespoon hot sauce (your favorite)
 Fresh grated parmesan cheese to taste
 Sea salt and fresh ground pepper to taste



Escarole, Tomato and White Bean Soup

Preheat a large soup pot or Dutch oven over medium-high heat. Add the olive oil to the preheated pot. Carefully add the onions, celery, and carrots to the pot. Cook ingredients for 5 to 7 minutes while stirring occasionally. Add the garlic and fresh chopped

herbs, and cook for another 2 minutes. Add the broth and seasoning blend to the cooking ingredients in the pot. Bring ingredients to a light boil, and turn the heat down to a simmer. Add the beans, diced tomatoes and escarole. Cook ingredients for at least

photo courtesy Fresh From Florida

another 7 to 10 minutes until the escarole is tender. Taste soup and adjust seasoning with sea salt, fresh ground pepper and a dash or so of hot sauce. Serve soup warm with fresh grated parmesan cheese and extra hot sauce for garnish.*

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Margie Klein and Wendy Lambrix restock the Dollar-A-Bag book sale photo provided

Art Exhibit And Kentucky Derby Display At Library

The Sanibel-Captiva Art League exhibit at Sanibel Public Library features works by Vreni Scheu, Anita Force Marshall and Lynn Quigley. It is on display until Friday, April 29.

Stop by this month to see Sue and Gary Scheiwe's 50-year collection of Kentucky Derby cups and other memorabilia. Glasses include winner's



Happy Monday by Lynn Quigley image provided

names and plastic cups list the horses who were the runners-up. If you have a collection to display, contact the library at 472-2483.

Shop the pop up dollar-a-bag book sale. Books are restocked daily. The book sale room offers DVDs, CDs, books and magazines – all individually priced. All book sales support Sanibel Public Library Foundation.

Computer Coach service is offered on Fridays and Saturdays from noon to 1 p.m. Bring in your device and learn



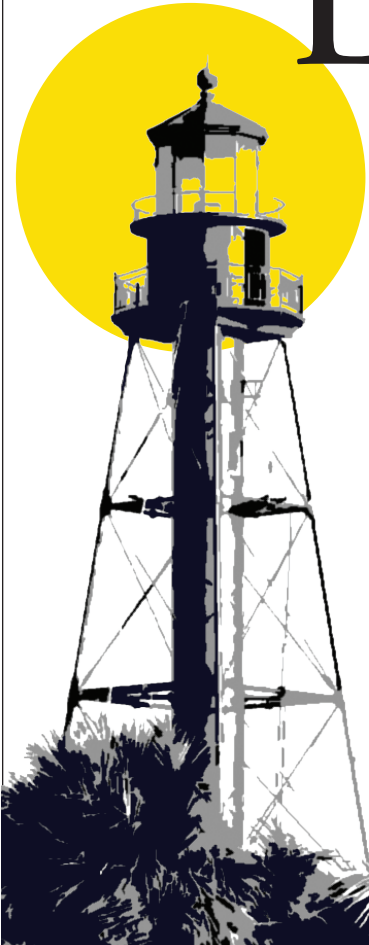
Sue and Gary Scheiwe with their Derby Memorabilia display photo provided

how to download ebooks, magazines and audiobooks, or stream music and movies. For an appointment, go to www.sanlib.org/techappointment or call 472-2483.

The library has newly-installed column wraps featuring hundreds of photographs from the digital archives. With over 4,000 items, this ever-growing collection is a peek into the past. To see the images, newspapers and oral histories, go to the homepage at www.sanlib.org. The library is seeking stories, photos or videos of people and places of Sanibel and Captiva for the archive. Seed development for this

ongoing project is supported in part by the Roni Jo Freer Fund of Sanibel Public Library Foundation.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. You must present a valid driver's license (or government ID). Visitor cards are available for a \$10 fee and are good for one year. Computers, printers, scanners and fax service are available as well as magazines and daily newspapers. Sanibel Public Library is located at 770 Dunlop Road. For more information, call 472-2483.*



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Book Review

Run, Rose, Run



by Di Saggau

I couldn't resist reading *Run, Rose, Run*, after all, it's partly written by music legend Dolly Parton. She is the latest to team up with James Patterson in his ongoing collaborative writing

efforts. The book is a thriller about a young singer/songwriter on the run and determined to do whatever she needs to survive. She comes to Nashville to claim her destiny but also finds a darkness that could destroy her. AnnieLee Keyes is the star on the rise and on the run, singing about the hard life she left behind.

We first meet her hitchhiking to Nashville to escape some mysterious nightmare situation. She starts singing in a roadside dive called the Cat's Paw, playing a borrowed guitar. After receiving a warm welcome from those in the bar, she slinks off to sleep in a public park. A handsome Afghanistan veteran and Nashville session player, Ethan Blake, introduces her to the beloved Ruthanna Ryder, his boss who has stepped back from her mega-career following a personal tragedy. She also owns the Cat's Paw. Ruthanna seems to be patterned after Parton. Her coiffure, jewelry, generosity, business know-how and the way she talks will remind you of

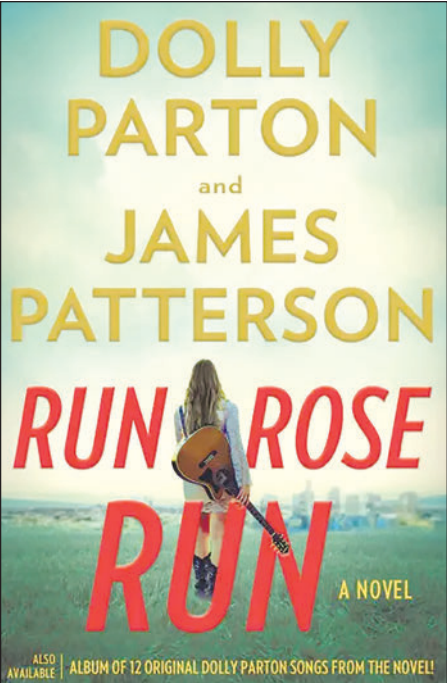


image provided

Parton. After meeting ruthless, predatory agents and managers, Ruthanna is a positive role model for AnnieLee. She takes her under her wing, saying, "being talented is just one little tiny part of the battle. Fearlessness is mandatory. And shamelessness sure as hell don't hurt." Ruthanna and Ethan look out for AnnieLee when her life is threatened, and they also help her climb the slippery ladder of stardom.

Also released is an album of songs

that tie into those referred to in the book. Parton fans will especially enjoy *Run, Rose, Run*, which displays the singer's lively way with words and draws from her experience in the music business.☆☆

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley, My daughter is having difficulty learning her sight words. Her teacher said we should practice them every night. It's kind of boring. Are there

some fun ways to practice these words? Kaylie B, Fort Myers

Kaylie,

Mastering sight words is an extremely important step in becoming a successful reader. A sight word is a word that typically cannot be decoded or sounded out. It must be memorized or figured out by the context of the sentence. This is a difficult task for young readers, and it is usually recommended that children memorize these sight words, so that they are readily available and recognized when children see them in print. Reading researcher Diane McGuiness estimates that there are approximately 100 basic sight words in English.

Most schools teach an expanded sight word list from either the Dolch or Frye word lists. Both lists have at least 200 words. Sight words are considered to make up at least 50 to 75 percent of reading texts up to the third-grade level.

There are many practice activities on the Internet for learning sight words. They are lots of fun for kids and usually include practice sheets that you can print out. For example, visit www.k12reader.com/online-dolch-reading-games-and-activities.

Following are some other practice ideas that do not require a computer, and most include a physical component. Sometimes

children will learn information more quickly when it is paired with a physical action.

Learning sight words:

Children see, say and write a word (skywrite, write on arm, etc.)

Hopscotch – write words in squares

Beanbag toss

Put words on dice and play games

Flashlight fun – children shine light on the called-out word, read from a board

Sight word sliders

Word puzzles and scrambled words

Word rings

Bingo

Typing sight words

Keep practicing the assigned words daily. The practice will pay off and your daughter's reading fluency and comprehension skills will improve from mastering her sight words.

Shelley Gregg is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.☆☆

From page 1

Documentary

documentary that will take viewers on a journey through rarely seen historical footage. Viewers will discover the strong connection the lighthouse has to many island institutions.

The documentary premiered at the historical village gala on February 22. "If you missed the gala, this is an opportunity to see the documentary that was so well received," said Emilie Alfino, historical village executive director. "I would say this is a four-star film not to be missed."

Tickets are \$15 per person. Call the Tribby box office at 415-5667 Tuesday through Saturday from 10 a.m. to 3 p.m. Tickets will also be available at the door.

Tribby Arts Center is located at 17281 On Par Boulevard in Fort Myers. For more information, call 472-4648.☆☆

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Island Seniors Activities At The Rec Center

Island Seniors, Inc. is offering the following activities at the Sanibel Recreation Center:

Coffee Social – Monday to Friday, 9:30 to 11 a.m.

Bridge – Monday and Wednesday, 12:30 to 3:30 p.m.

Mahjongg – Thursdays, 12:30 to 3:30 p.m.

Euchre – Fridays, 1 p.m.

Hot Dog Lunch – Wednesdays, 11 a.m. to noon, Osprey Room. Cost is \$3 per person; chips and drink included.

Sunset Social Appetizer Potluck – Thursday, April 21 at 6:30 p.m. Bring an appetizer to share and your favorite chair. Drinks and dessert will be provided. As you exit Sanibel, the group will be situated on the left side of the first causeway island. Look for the table with the Island Seniors banner.

Earth Day Presentation – Friday, April 22 at 10 a.m. with the City of Sanibel Natural Resources Department. Staff will discuss the importance of the Wildlife Trail Cam system as well as tracking, monitoring and understanding the wildlife population throughout vast inland areas of Sanibel. Meet in the Osprey Room. Refreshments will be served. RSVP to Dave or Jessica at 472-0345.

Cinco de Mayo Taco Fiesta – Island Seniors is hosting a south of the border

extravaganza on Thursday, May 5 at 11 a.m. in the Osprey Room. Sign up by Tuesday, April 26 by calling Dave or Jessica at 472-0345.

Baker Museum in Naples – Friday, May 6, departure at 10 a.m. for a guided tour through three exhibits at the Baker Museum in Naples. Cost is \$10 per person for current Island Seniors members and \$15 per non-member. Viewings include contemporary art inspired by the masters, transcendental art and a historical major league baseball artifacts display from a private collection. Lunch is optional and paid on an individual basis. Transportation is not included. Proof of full vaccination is required for entry to the museum with matching valid ID. Sign up by Tuesday, April 26 by calling Dave or Jessica at 472-0345.

The Page Turners book discussion for Tuesday, May 10 at 2:30 p.m. will be *Carnegie's Maid* by Marie Benedict. Meetings are held in the Osprey Room. To be added to the email list, contact Louise Fitzgerald at sanibelbum22@gmail.com or call 304-707-1701.

Leisure Lunchers – Thursday, May 19 at 11:30 a.m., Thistle Lodge at Casa Ybel Resort. Due to limited seating, advance sign up is requested by Tuesday, April 26. Contact Deborah Butler at 314-4554 or deborahbutler@comcast.net or call Jessica or Dave at 472-0345. Diners will order and pay individually.

Balance-Core and Strength Aerobics – This slower paced class encompasses targeted moves to improve balance

and strengthen the core. This class is perfect for the older active adult looking to improve their mobility. Class time is from 10 to 11 a.m. Island Seniors member fee is \$4.10; no charge for recreation center members but you must show valid member card to participate. Visitor fees available. Space is limited. Call Dave or Jessica at 472-0345 for more information.

Chair Yoga and Gentle Yoga – Chair Yoga is offered on Tuesdays from 1:30 to 2:30 p.m. and Gentle Yoga is offered on Thursdays from 1:30 to 2:30 p.m. Island Seniors member fee is \$4.10; no charge for recreation center members but you must show valid member card to participate. Visitor fees available. Space is limited. Call Dave or Jessica at 472-0345 for more information.

Kayaking is offered on Tuesdays, weather permitting, from 8:30 to 11:30 a.m. Sign ups are in person only at the recreation center. Cost is \$5 for members and \$20 for non-members. Basic skill level required. Restrictions apply. Call 472-0345 for details.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information on Island Seniors, Inc. membership, visit www.center4life.com or call 472-0345.*

Shells Found



Lightning whelk and alphabet cone
photo provided

Laura Garden of Evergreen, Colorado found a large lightning whelk and an alphabet cone on April 10. She said she came across a mountain of shells at rising tide; there were tons of shells, intact and some still alive. She felt it was a fantasy, until she saw these unusual markings (on the alphabet cone) and made a dive for it. She found many other great shells that day, while the snow was falling in Evergreen.*



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Shadow Box
Shell Crafting
Shadow Boxes

by Anne Joffe

These rectangular boxes come in a variety of sizes and are a great way to display your seashell treasures. Each box is segmented into different sized compartments.

- Materials:
- 1 wooden shadow box
 - Assorted shells, sealife, driftwood,

photo by Anne Joffe

anything you would enjoy seeing on your wall.

Acrylic paint and brush (optional)
Directions:

If you want to paint your shadow box a pretty color, say a light purple, then it is fun to try and fill it with shells or sea life that have shades of purple on them. Anyway, if you want to paint the box, now is the time. Let the paint dry completely before adding the shells.

Decide where you want to place the shells, fit them into the compartment to

see if they will fit, and then glue them in. Sometimes, it is nice just to feature one shell per compartment, and then add three or four to the one next to it. You can also choose to add some small sealife, such as a sea fan, or a brown starfish, on the outside of the frame in one of the comers for

added.dimension.
Anne Joffe has owned *She Sells Sea Shells on Sanibel* since 1976. She is the author of *ShellCrafting Vol. 1 and Vol. 2*. Joffe judges *Artistic and Scientific* categories at shell shows throughout the country, leads shelling trips worldwide, and is a public speaker on shells and shellcraft.*

**Artist Exhibiting
At Sanibel Library**

Vreni Scheu, a painter using both oils and watercolors, is currently exhibiting at Sanibel Public Library. Her favorite subjects for painting include many buildings on Sanibel and those found in her travels. She also loves to paint animals.

Scheu started taking painting lessons in her hometown of Oyster Bay on Long Island, New York. Upon retirement, she joined the Oyster Bay Teaching Studios and took lessons from many well-known artists.

Scheu moved to Sanibel Island in 2003 and continued her studies with Hollis Jeffcoat, Ann Kittel and Mary Klunk. Scheu is treasurer of the Sanibel Captiva Art League and a frequent painter with the Painting With Friends Group at The Community House. Her paintings will be on display at the library until the end of April. Viewing hours are Monday through Saturday from 9 a.m. to 5 p.m.; open until 8 p.m. Mondays



Painting by Vreni Scheu image provided

Thursdays. Sanibel Public Library is located at 770 Dunlop Road. For more information contact Amejo Amyot at aamejo@gmail.com.*

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BIG ARTS Monday Night Film Series

The Mole Agent

by Di Saggau

The BIG ARTS Monday Night Movie for April 25 is *The Mole Agent*, a film from Chile that is called the most heartwarming spy movie ever made. It's about an 83-year-old man, a widower, who poses as a resident in a Chilean nursing home to see if he can find signs of abuse.

Sergio answers a classified ad and gets the job. He soon learns that he'll be infiltrating a retirement home, armed with a pen that has a mini-camera and thick-rimmed glasses with a camera inside as well. His mission is to make sure that a client's mother, who is at the facility, is not being abused or having her things stolen.

Sergio takes pride in his job as he hopes to figure out his iPhone. He is there as the "eyes and ears" of his employer, but he is also giving the residents an audience to speak to. The home of mainly women views Sergio as a new friend. The documentary is about watching him sit and chat with the different women, his heart breaking for them as they talk to him.

The director makes her own presence known at the beginning with the camera from Sergio's spy glasses showing the crew that is in the room filming a sound guy, a cinematographer and a director. Sergio's plan goes awry with all kinds of comical and touching

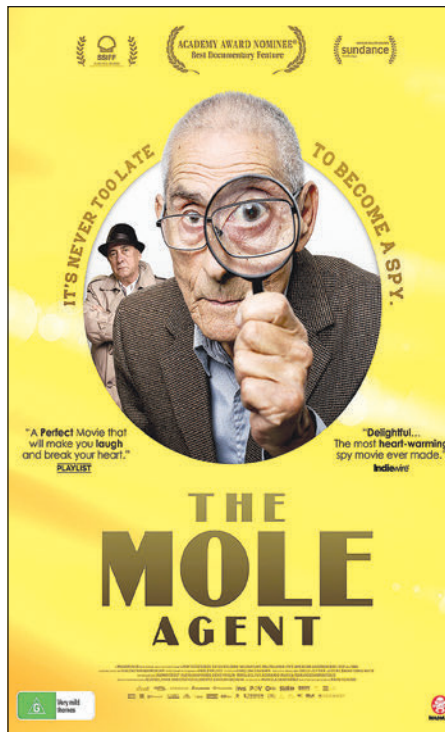


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results.

The film runs 90 minutes and will be shown at 7 p.m. in Christensen Performance Hall. After the film, Pam Weiner will lead a discussion. Tickets are \$10 and can be purchased online or at the box office.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For tickets, call 395-0900 or visit www.bigarts.org.✱

BIG ARTS Documentary Series

Roadrunner

by Di Saggau

On Wednesday, April 27 at 3 p.m., the third film in the BIG ARTS Critically Acclaimed Documentary Series will be shown in Christensen Performance Hall. *Roadrunner* runs one hour and 59 minutes. After the film, I will lead a brief discussion with the audience.

Roadrunner captures the restless curiosity of Anthony Bourdain, a world-famous chef and traveler who took his own life in 2018. Since that time, people have been trying to figure out how someone who seemed so confident and brilliant could choose to end it all. The director smartly avoids that question and instead reframes the conversation about Bourdain so that it's about his life instead of just his death.

The portrait is of a man who valued experience over knowledge, as excited to speak to the chef at a roadside diner as to one with a Michelin star. It's a fascinating, moving documentary that reclaims a legacy, and it's as inspirational as its subject.

Bourdain believed we should be travelers and not merely tourists. Don't just watch the world. Don't just hit the popular restaurants or destinations. Be active. Be curious. Be involved. *Roadrunner* is about Bourdain's best work.

Tickets are \$10 and can be

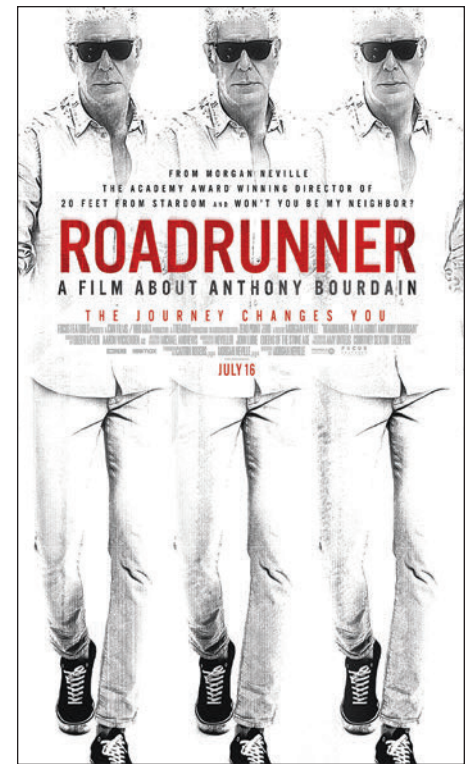


image provided

purchased online or at the box office. BIG ARTS is located at 900 Dunlop Road on Sanibel. For tickets, call 395-0900 or visit www.bigarts.org.

Di Saggau is a member of the BIG ARTS Film Committee, feature writer for Island Sun and The River Weekly News, and past president of the Film Society of Southwest Florida.✱

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Panel Discussion On Green Energy, Climate Change

The Sanibel & Captiva Islands Chamber of Commerce and Sanibel-Captiva Conservation Foundation (SCCF) will co-host Powering Our Green Energy Future – A Community Conversation on Monday, May 9. The free, hybrid event will take place at The Community House, 2173 Periwinkle Way on Sanibel, from 6:30 to 8 p.m. and also will be accessible remotely via Zoom.

“The event aims to address our community’s economic resilience by readying – through green measures today – for the future impacts of climate change,” said John Lai, chamber president and chief executive officer. As one of the presenters at the event and a Visit Florida board member, Lai will speak about Why Florida Businesses Are Focused on Climate Change Resiliency. “Investments in energy efficiency and renewable energy today can provide economic benefits to municipalities, the tourism industry as a whole, island businesses, and homeowners to help Florida and its communities better adapt in the future,” said Lai.

Other panelists include Dr. Carrie Schuman, SCCF coastal resilience manager, who speaks regularly about coastal resilience in the community. “Part of my messaging often focuses on the fact that preparing for climate change requires both adaptation and mitigation to preserve our island way of life,” Schuman said. “Adaptation means choosing balanced strategies including incorporating nature to prepare for effects like sea-level rise, storms and flooding. Mitigation of greenhouse gases focuses on addressing the causes of climate change to reduce the severity of its future impact and to increase our ability to successfully adapt.”

Schuman’s presentation will focus on A Climate Change Primer: What Coastal Communities Can Expect and Why Greenhouse Gas Reduction is Critical.

SCCF CEO James Evans will moderate the program, which also includes panelists Dr. Simeone Komisar, director of the environmental engineering program at FGCU, and Bob Moore, who co-chairs with Evans the Sanibel-Captiva Renewable Energy Working Group, a consortium of citizens and local experts that has been meeting over the past year to develop recommendations for the Sanibel and Captiva communities.

Moore will present the working group’s



Bob Moore



James Evans



John Lai



Dr. Simeone Komisar



Dr. Carrie Schuman



Dana Souza

initial recommendations. Komisar will address Opportunities for Cost Savings Through Effective Energy Use and Renewables.

“The cost of renewables has plummeted in the last decade, and energy efficiency has improved considerably,” said Komisar. “It makes good economic sense, not to mention the environmental benefit for cities, businesses and homeowners to take advantage of these savings.”

“The working group has representatives from a variety of local organizations, including SCCF and the chamber of commerce,” said Evans. “The goal of this community forum is to involve business owners, homeowners and city representatives in an open conversation about the opportunities that a greater reliance on green energy can provide.

“Our community’s core value of living sustainably with our natural environment

has supported a positive quality of life and a vibrant economy. Looking to the future, there are a number of challenges we face to preserve the Sanibel-Captiva community as we know it. Among them are the increasing impacts of climate change. It only makes sense for Sanibel and Captiva to step up as leaders for the region on these issues,” said Evans.

LCEC will be on hand with information about its energy audit service to help identify potential energy and cost savings for homes and businesses, and also its net metering program, which allows rooftop solar systems to connect to the electrical grid.

Sanibel Vice Mayor Richard Johnson acts as city council liaison to the working group and co-owns Bailey’s General Store on Sanibel. “I’ve been a long-term advocate for energy efficiency and renewable energy,” Johnson said, adding

that he has seen direct benefits at Bailey’s, where he has taken a number of steps to reduce the store’s carbon footprint including the installation of 480 rooftop solar panels. “The result? Today, our monthly electric bill is one-third of what it was in the past,” Johnson said. “We’ve seen a return on our investment in just under five years.”

Johnson also commented on how fortunate the City of Sanibel is to have as its new city manager Dana Souza, who has experience in previous city appointments working on climate change resiliency plans.

“The Renewable Energy Working Group has brought great leadership to this important issue,” said Souza. “There are renewable energy options that may be prudent investments for residential and business property owners on Sanibel and

continued on page 6B



Solar panels atop Bailey’s General Store have proven an efficient return-on-investment

photo provided



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Zonta Thanks Island Neighbors



Zontians and representatives from area nonprofits at Sanibel Congregational United Church of Christ photos provided

submitted by Kathleen Skubikowski

The Zonta Club of Sanibel Captiva would like to thank everyone who contributed to the success of its Community Collection Day, held on the morning of April 9 at Sanibel Congregational United Church of Christ.

Local nonprofit partners identified requested items prior to the collection event, and the community responded most generously. By noon, cars were loaded with goods for Zonta’s grant partners in need. Zonta Service and Advocacy Committee Co-chair Carol Gestwicki said, “Collection day is a win-win. Zonta gets to connect with our generous community, and our grant partners get wonderful donations for their clients. It’s a great way to end the season.”

The Zonta Club of Sanibel-Captiva is a service organization of professionals working to empower women, both locally and globally, through service, advocacy and funding. Visit www.zontasancap.org for more information and to donate.✧



Zontian Carol Gestwicki, center, loaded a car with Cycle Forward, Fort Myers representatives Barbara Gribin and Suzanne Orkin



Zontians helping donors unload their cars

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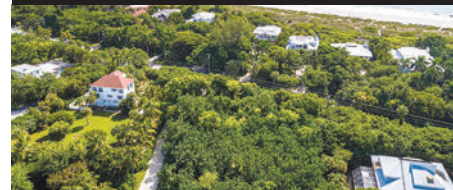
1523/1531 PERIWINKLE WAY, SANIBEL
 • 200'+ Sanibel River & Periwinkle Frontage
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UNDER CONTRACT

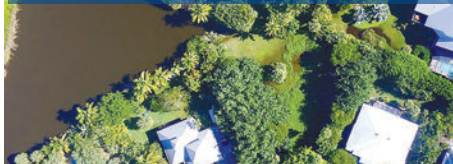
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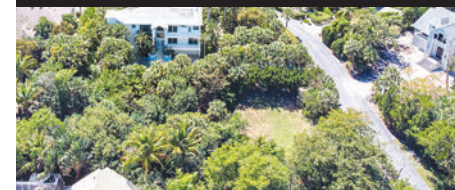
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FISH Distributes Record Number Of Easter Baskets

In preparation of the Easter holiday, FISH of SanCap assembled dinner baskets for families containing everything needed for an Easter dinner. Staff and volunteers also filled children's bunny baskets with books, candy, toys and school supplies. This year, the organization distributed a record number of 203 Easter dinner baskets and 214 bunny baskets to neighbors in need.

"The volunteers devoted to this program have been working tirelessly since the end of March to make sure everyone enjoyed the Easter holiday," said Maria Espinoza, executive director of FISH. "It's incredible how this program has grown over the years and in particular since 2020, which we attribute to COVID-related loss of income and medical emergencies." In 2020, FISH distributed 100 dinner and 80 bunny baskets. Prior to that, participation was in the 40 to 80 range for food baskets and under 100 for bunny baskets.

With the increase in participation in this and other FISH programs comes an increased need for space. Volunteers assembled baskets at the FISH Palm Ridge location while others transferred donations and products from the Periwinkle Way location to Palm Ridge to keep the process moving smoothly. Recipients checked in at the Periwinkle



Delores McFoley received an Easter basket photos provided

Way location, received a ticket for pickup, and received their baskets at Palm Ridge. Recipients are those known to FISH through usage of other programs such as the food pantry and emergency financial assistance. All baskets are assembled by volunteers adhering to all COVID-19 precautionary measures. "Our volunteers put a lot of time, energy and effort into making this a great day of celebration," said Espinoza. "Their dedication, down to the tiniest of details, like creating beautiful bundles of ingredients for Peeps s'mores, is second to none."

The organization thanks local partners



Front, from left, Linda Uhler, Jill Wisniewski and Deb Garret preparing Peeps s'mores bundles. In the back are Kathy and Dean Engdhal.

including CVS, Sanibel & Captiva Islands Association of Realtors and Jerry's Foods for accepting food and candy donations, and Gene's Books and MacIntosh Books & Paper for holding a book drive for Easter bunny baskets. Many other donors contributed to the cause, making this a joyous holiday for all.

For more information on FISH programs and services, call 472-4775 or visit www.fishofsancap.org.

County Approves Grant For Iona Tornado Relief

Lee Board of County Commissioners voted on Tuesday to approve a \$1.8 million grant agreement with the Florida Conference of the United Methodist Church to provide services to residents affected by the January 16 tornado in the Iona-McGregor area of South Fort Myers.

The State Housing Initiatives Partnership (SHIP) Disaster Assistance Grant Agreement provides state grants through the county to the Florida Conference of the United Methodist Church. The money will be used to assist a minimum of 32 households with very low, low, or moderate incomes whose homes were destroyed or severely damaged. This funding is designated for individuals who are Florida residents and whose damaged home is their only residence.

To check eligibility and apply for these funds, call the Florida Conference of the United Methodist Church at 855-228-3862.

For more information about assistance related to the tornado, visit www.leegov.com/hurricane/storm and www.flgov.com/2022/03/10/governor-desantis-announces-2-million-in-housing-assistance-and-additional-resources-available-for-communities-impacted-by-southwest-florida-tornado/.

More Listings Needed! Our Recent Sanibel Closed Sales...



2379 Wulfert, The Sanctuary, \$2.495M, our buyer



4285 Gulf Pines Dr, Gulf Pines, \$900K, our buyer



Donax Village #7, 732 Donax St, \$650K, our listing



Sealoft Village #109, 1799 Middle Gulf Dr, \$830K, our listing



Sundial #M303, 1401 Middle Gulf Dr, \$1.275M, our listing



3716 Coquina Dr, West Rocks, \$1.601M, our buyer



Sanibel Moorings #122, 845 East Gulf Dr, \$1.08M, our listing



Blind Pass #D204, 5117 Sea Bell Rd \$815K, our listing



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Bob Berning | 472-5187 x 253



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Spectacular Gulf Views | 4th Floor Penthouse
Updated | Beautifully Furnished | Superior Rental
\$1,400,000 | MLS 2220106
David Schuldenfrei | 472-5187 x 227



PANORAMIC GULF VIEWS
Sanibel | 2BR+Den/2BA | Gulfside Place
Luxury Property | Amazing Amenities
On-Site Management | Furnished
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Teresa Baker | 472-5187 x 220



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Karen Bell | 472-5187 x 270



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Neighbors Help Raise Funds For Local Children

The Heights Foundation/The Heights Center's 14th annual fundraiser, Love Your Neighbor, raised \$500,000 recently to support the organization that works to build strong, self-sufficient families in the Harlem Heights neighborhood of Fort Myers.

The event, typically hosted in a private home in Gulf Harbour, was moved to The Heights Center in the past two years, and the number of attendees was limited.

Guests had cocktails and hors d'oeuvres on the rooftop terrace, then proceeded to the auditorium where they were greeted by emcee Kellie Burns of NBC-2. Chef Gloria Cabral Jordan of La Trattoria Cafe Napoli served a family-style Caribbean-inspired dinner and a selection of wines paired by wine writer Gina Birch. Norman Love Confections provided dessert. Children from The Heights Center's education programs entertained the guests with songs.

Scott Robertson of Scott Robertson Auctioneers conducted the fundraising and live auction to support the organization's educational programs. Donors met a \$100,000 challenge match by Gaye and Jim Pigott.

Top auction items included a one-of-a-kind pendant created and donated by Mark Loren Designs, six hours of flight



From left, Jim and Gaye Pigott with Heights Foundation Founder and CEO Kathryn Kelly photo provided

time in a Bombardier 350 jet, dinner for 10 at the Iona-McGregor Firehouse 72, tapas and wine in the home with Chef Gloria Jordan and Gina Birch, a VIP day at The Redneck Mud Park, and a wine and culinary cruise for six aboard the 101-foot motor yacht Tò-Kalòn. After the auction, guests listened to classic and Latin favorites by BrazilJazz.

"Our Love Your Neighbor event is our biggest fundraiser," said Kathryn

Kelly, founder, president and CEO of The Heights Foundation/The Heights Center. "The families in Harlem Heights are extremely vulnerable and our enriching preschool, charter school, afterschool and summer camp programs ensure that parents can work and kids can have fun, be safe and learn. We were amazed by the outpouring of support by our friends and donors."

Event supporters include Chef Gloria

Cabral Jordan, Mark Loren Designs, Norman Love Confections, Gaye and Jim Pigott, Owen-Ames-Kimball, Entech, Kim Agypt, Realtor Chuck Bergstrom, Acentria Insurance Elite, Florida Power & Light, The Masiello family, Kellie Burns of NBC-2, Dave and Cheryl Copham, Harold's Restaurant, Lisa Bommarito Floral Designs, Creative Sound and Lighting, Elly Hagen Marketing & Public Relations, Gina Birch, Iona-McGregor Fire Department Station 72: Mix Marketing, RS Walsh Landscaping, Redneck Mud Park, Scott Robertson Auctioneers, Heights event coordinator Brenda Krieger, and event chair Teri Palmer.*

From page 1B

Climate Change

Captiva. I'm looking forward to this event and hearing more from the panel and to give community members another opportunity to share their concerns and priorities."

Both in-person and Zoom attendees will have the opportunity for public comment and questions. The event is free and open to the public, but to assure adequate space and resources, those planning to attend – whether in-person or online – must register at www.sancapgreenfuture.eventbrite.com.

For more information, contact the chamber at 472-8255, email landen@sanibel-captiva.org or SCCF at info@sccf.org.*



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Food Pantry Usage Up Due To Rising Costs

The FISH of SanCap Food Pantry is a vital service for many households, and the organization receives requests for assistance daily from island residents and workers struggling to afford the skyrocketing cost of groceries. Once qualified by FISH, individuals are able to shop for nutritious supplemental grocery items to sustain food needs. Each year, the organization distributes hundreds of thousands of pounds of food through the pantry program.

FISH receives donated products for its food pantry program in partnership with Harry Chapin Food Bank, Midwest Food Bank, Sanibel Farmers Market, Bailey's and Jerry's Foods, while many others hold food drives or donate products to the program. "We are so thankful for the partnerships and generous donors that help keep our pantry stocked," said Maria Espinoza, FISH executive director. "Due to high demand, however, we still experience difficulty keeping our shelves full, particularly during the summer months when work hours are cut for our users and donations are decreased as snowbirds head north." Last year, the pantry program distributed 255,980 pounds of food equating to 213,316 meals.

FISH purchases products weekly and places limits on how much one



Volunteer Elizabeth Parker stocking shelves photos provided

family can take to ensure staples are available to all food pantry patrons. With the increasing cost of food, however, budgets are stretched. According to Bloomberg economists Andrew Husby and Anna Wong in an *Insider* article, "The red-hot inflation expected to last throughout the year will leave the average U.S. household spending \$5,200 more compared to the year prior. That boils down to an extra \$433 per month on the same goods and services as last year."

"We see firsthand how inflation is affecting our food pantry program



Clenor Masson shopping with assistance from volunteer Mary Alice Scanlon

as now, more than ever before, our neighbors are making difficult choices between putting food on the table or filling their gas tank," said Espinoza. Many pantry users report they are fearful for the upcoming slower months when work hours are cut and kids are out of school requiring additional at home meals. The FISH organization also offers a children's backpack program

that includes child-friendly products and a fresh meal element. The program, available to any family that lives or works on Sanibel or Captiva, has nearly doubled in the last year. The FISH organization distributed 4,294 backpacks in 2021.

While the FISH Food Pantry has been stretched thin for space with the increased need for services and

continued on page 10B



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Rotary Happenings



submitted by
Cindy Carter



Jonathan Foerster

When the grandkids come to visit, there are so many outdoor activities to participate in on the island, but what to do when the rainy weather hits or it is just too darn hot? Here is the perfect solution that will leave them laughing and asking to stay and play longer. Golisano Children's Museum of Naples is well worth the drive. Go early and plan to stay late.

The Golisano Children's Museum of Naples idea was conceived in 2002 after one of the creators had a dream where their deceased daughter walked them through the museum. After years of designing and fundraising, the museum opened in 2012 and has since had over 1.2 million visitors.

Jonathan Foerster, chief executive officer of the Golisano Children's Museum of Naples, shared with us details about the museum and the programs it offers. To

many, it may seem that the children are just playing in the Produce Market, Mother Nature's House or in the Adopt-A-Pet-Vet Clinic, but so many other things are happening that only educational geeks could treasure; concepts like adaptable thinking, self-monitoring, working memory, time management and many other executive function skills that are extremely important for children. The museum offers many wonderful play opportunities that children, as well as their families, can learn from and enjoy for hours.

The museum also has Exceptional Nights that offers children with special needs a time with muted lights and sounds, cool down spaces and limited participants to prevent crowding. There is a Discovery Night that offers homeless children and foster children the opportunity to enjoy the museum as well.

For two free tickets to the museum, stop by Sanibel Public Library, another gem on the island that offers much more than books; ask at the front desk.

Foerster is an award-winning writer and editor turned nonprofit executive. After more than a decade of experience at the *Naples Daily News* and *Gulfshore Life* magazine, Foerster left the media realm to focus on building community support for nonprofits.

Foerster works every day to provide an exciting, inspiring environment where children and their families play, learn and dream together.

Prior to joining the museum, Foerster spent four years as director of community affairs at Humane Society Naples, leading

the marketing, volunteer, community outreach and fundraising activities for the organization. During his time, the humane society raised nearly \$20 million, launched a mobile veterinary clinic and adopted out more than 10,000 animals, including thousands during the pandemic. Prior to that, Foerster served as communications director for Artis - Naples, providing oversight for all internal and external communications, social media and public relations.

The Sanibel-Captiva Rotary Club is holding meetings on Zoom and in person at The Community House, 2173 Periwinkle Way. Doors open at 6:45 a.m. and the meeting begins at 7:15 a.m. Email william.harkey@gmail.com by the Tuesday before the meeting if you would like to attend in person. All are welcome. For more information, visit www.sanibelrotary.org.✱

Project Under Way To Reduce Nutrients In Lake

The Florida Fish and Wildlife Conservation Commission (FWC) is leading a new, innovative project to remove invasive aquatic plants and evaluate nutrients removed to improve water quality in Lake Okeechobee in south Florida. This effort is part of the FWC's strategy to use a variety of tools and explore new techniques to best manage for quality fish and wildlife habitat in Florida. In partnership with the Florida Department of Environmental Protection, U.S. Army Corps of Engineers and South Florida Water Management District, the work began on March 8 and will cover 35 acres on the lake.

Mechanical harvesters will be used to collect invasive floating plants, such as water hyacinths, and the plants will then be processed into a slurry or semi-liquid mixture. The slurry of plants will be pumped to nearby hayfields to enhance soil. The FWC will evaluate whether the project will benefit both the water quality of the lake as well as agricultural lands receiving the slurry mix.

"This project highlights the FWC's commitment to seeking innovative and effective solutions to manage invasive aquatic plants in Florida," said Melissa Tucker, director of the FWC's Division of Habitat and Species Conservation. "While it is too soon to tell if we will be able to use this technique on a larger scale, we are excited about the possibility of having a new tool in the toolbox."

Reducing invasive plants and their

associated nutrients in Lake Okeechobee has long-term benefits to the lake and the fish and wildlife that live there. Managing invasive aquatic plants is also important for recreational opportunities for the public and to maintain accessible navigation. Unmanaged invasive plants have a variety of negative impacts that can include reducing biodiversity and ecosystem health, impeding navigation, reducing water quality and causing flooding issues.

While this project includes unique transporting methods to dispose of invasive plants and aims to utilize resources efficiently, it may not be effective in all locations and situations. The FWC uses a variety of techniques, including biological controls, mechanical removal and herbicide treatments to manage invasive aquatic plants in Florida. An integrative pest management approach using a combination of techniques often achieves the greatest results in managing invasive plants.

For general waterbody information, fishing forecasts, virtual tours, plant control operation schedules and annual workplans, boat ramp information and more, visit www.myfwc.com/lake.

To learn more about the FWC's Aquatic Plant Management Program, visit www.myfwc.com/aquaticplants.✱

From page 8B

Food Pantry

expansions of programs such as the food backpacks for children, FISH has continued to keep pace during the pandemic. The pantry is open Monday through Friday from 10 a.m. to 3:45 p.m. for clients to shop for groceries.

"This is a particularly difficult time for our neighbors for so many reasons - the pandemic, inflation, cost of gas and supply shortages - and we're not out of the woods yet," said Espinoza. "We also see many of our seniors having to make the difficult choice between buying their medications and putting food on the table. FISH has many food, financial and educational programs to assist our neighbors in their greatest time of need. We're here to help, and FISH has something for everyone."

FISH is grateful for donations to its food programs - both monetary or products to distribute. Those leaving for the season are encouraged to donate unopened products including perishable and non-perishable food, personal hygiene products and household cleaning items. For a list of pantry needs, visit www.fishofsancap.org/food-pantry/.

For a tour to meet the staff, contact Maria Espinoza at 472-4775.✱



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6:00 - 8:00pm

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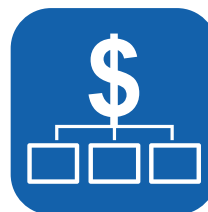
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Superior Interiors

Create A Boho Style Office

by Trinette Nelson



Boho style is popular for a reason, it's bright, free-spirited and instantly adds personality to your home's interior decor. If you're spending significant time working at your desk in your

home office, it makes sense to match the interior atmosphere with your design style of choice. Boho style can help build a calming, welcoming environment that's perfect for a productive home office.

Boho decor, also known as bohemian style, is identified through a carefree approach to decoration. There are no rigid rules that dictate what is and isn't boho style. Boho style embraces fun colors, textures and patterns put together to create a mismatched yet cohesive look. It usually incorporates unique items and pieces for an eclectic space.

If you're wondering how boho style and an "office" space can work together, don't fret. Boho style doesn't equal a cluttered or messy workspace. When creating your ideal boho style office, you'll want to focus on keeping the core furniture pieces that you need to get your work done – your desk, chair, storage pieces, etc. From there, you can decorate the space with exciting accent pieces.

A great place to start is with a bright, textured area rug. Look for inspiration from any travels you've taken in the past. You can even purchase multiple different rugs and place them around the room to create a unique textile look.

Part of boho style is to add and collect

styles that inspired you from different countries, or even surrounding towns and cities if you haven't been able to travel much. Consider places you've been or want to travel to. Are there design pieces or styles that caught your eye? See if you can incorporate them into your office through art, photography or decor pieces.

If you're struggling to find the perfect pieces, look no further than your farmers' market for inspiration. Nature and plant life are iconic parts of the bohemian style. Take a note from nature and purchase some of your favorite plants to fill your office space. Just ensure that you know the proper care instructions for each. If you have kids or pets (or maybe lack a green thumb), you can also choose quality faux plants.

Boho style is one-of-a-kind because it doesn't have any hard and fast rules. However, there are certain themes that can help you nail the boho look. For a color scheme, we recommend that you stick with bright colors, neutral monochrome and/or earthy, natural tones. Your whole space doesn't have to be a whirlwind of colors. Instead, you can pick certain colors as bold additions here and there, while sticking to a neutral color palette. White, black or brown furniture can also easily complement the boho style.

Additionally, you can accent your shelves and desk with vases, photography and unique pieces to add personality to your office staple pieces.

Textiles are where your boho style office can truly shine. Embrace natural textiles that show texture like rattan, macrame and woven materials. Already have rugs and throws to complement the space? Include a patterned, colorful tapestry to brighten up your wall or update your window drapery.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at trinette@coinedecden.com. ✨

Lee Water Quality Project Moves Forward

The Lee Board of County Commissioners has approved a contract to construct a project to reduce the levels of nitrogen and phosphorous from the Powell Creek watershed in North Fort Myers. Powell Creek is a tributary of the Caloosahatchee.

To lower pollutants, the Caloosahatchee estuary has a total maximum daily load (TMDL) designation for total nitrogen and an adopted State of Florida Basin Management Action Plan.

The project will provide water quality improvements to the Powell Creek bypass canal prior to discharging to the Caloosahatchee through the construction of a filter marsh created by Thomas Marine Construction, Inc. The project will be funded with a \$774,000 grant from the Florida Department of Environmental Protection and \$215,893 from Lee County's general fund.

Construction is expected to be

completed before fall.

Commissioners spend millions of dollars annually on projects to reduce pollutants in the estuary. To learn more about Lee County's water quality initiatives, visit www.leegov.com/water.

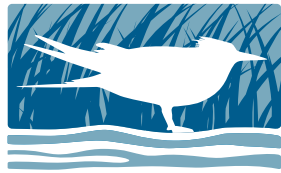
To receive updates from Lee County Government, visit www.leegov.com/resources/newsletters to sign up for the newsletter. ✨

More Traffic Than Ever This Year

by Wendy McMullen

If you imagined that there was more traffic on the island this year than ever, you were right. Causeway traffic in January increased more than 10 percent, and more than eight percent in February. This was following a record year last year.

Discussions at Sanibel's recent strategic planning retreat included Sanibel being "loved to death." Many participants suggested the city propose ways in which traffic can be contained, particularly in January to March, and Christmas and Easter. ✨



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BREWERIES





Auctioneers Eric Pfeifer and Nicole McHale

CHR Reaches Campaign Goal At Grand Finale

Community Housing and Resources (CHR) held its Manatee Madness 2.0 grand finale on April 1 at MudBugs Cajun Kitchen. The multi-week fundraiser placed 24 artist-decorated manatee statues around the islands of Sanibel and Captiva, all of which went up for bid in live and silent auctions during the grand finale. CHR's fundraising goal was met during the live auction.

CHR resident Debbie Tilson shared her appreciation with the crowd. "We have rented for quite some time and have never felt more like a family and less like tenants," she said. "We share meals and we share stories, good and bad. This brings me to the reason we moved here. Years ago, I found a notebook with my daughter's plans to bring me to the islands because of the manatees and other sealife she so loved. Sadly, at 19,

she passed away before her dream came true. CHR has been a lifesaver for us to cling to, and a beacon of light to shine even in our dark moments."

Guests at the Mardi Gras-themed fundraiser stepped up in support of the affordable housing nonprofit during the live auction, headed up by charity auctioneers and emcees Eric Pfeifer and Nicole McHale. JoAnn and Bob Glick placed the top bid for Sanibel artist Rena Martinson's *Babee Girl*, and Greg and Linda Scherer were the winners of Rachel Pierce's *A Manatee and its San Cap Friends*. Toward the end of the evening, artist Laura Conway agreed to create another manatee after Sherry and Doug Gentry and Al Hanser showed interest in supporting CHR by purchasing her creation, named *Pearl*.

Chris and Crystal Smith, who initially sponsored one manatee, ended up purchasing two. They also introduced their future daughter-in-law, Toni Matthews, the artist who created *Hippie-Dippie Manatee*, located at BIG ARTS. Pfeifer and his wife, Mary Ellen, purchased *Psychedelic Siren* by Sanibel

photos provided



Cheryl Logan with her creation, Mad Hatter



Ginny Dickenson with Queen Beanie, the manatee she designed for the fundraiser



Doug and Sherry Gentry artist Lacy McLary.

"I am overwhelmed by the generosity of this community," said CHR Executive Director Melissa Rice. "Time and again, I am impressed by how individuals,



Greg Scherer and his wife, Linda, won the bid for *A Manatee and its San Cap Friends* by Rachel Pierce

businesses and the City of Sanibel express their support for affordable housing on our beautiful island."✱



Dan and Debbie Tilson



Manatee Madness 2.0 committee, from left, Erika Steiner, Kate Sergeant, Laura DeBruce, Melissa Rice, Crystal Smith, Diane Silhavy, Margarethe Miville, Nicole McHale and Tajana Pettinato

ISLAND SUN BUSINESS NEWSMAKERS



McMurray & Members



Bob Radigan



Fred Newman



Vicky Panico



Tracy Walters

Royal Shell Real Estate

The top producers for March at the Royal Shell Real Estate Sanibel-Captiva office were: McMurray & Members, top listing producers team;

Bob Radigan, top listing producer individual/partners; Newman-Panico, top sales producers team; and Tracy Walters, top sales producer individual/partners.✱

VIP Realty Group

The top producers for March at VIP Realty Group were: Becky Mulka, top sales; Rose Dakos, top listings; and Janka Varmuza, top producer.✱



Becky Mulka



Rose Dakos



Janka Varmuza



Mary Bondurant



Tommy Wiley

Kingfisher Real Estate

The top producers for March at Kingfisher Real Estate were: Tommy Wiley, top listing agent; and Mary Bondurant, top selling agent.✱

RE/MAX Of The Islands

Les Pendelton



Chip Wolfe

The top producers for March at RE/MAX of the Islands were: Chip Wolfe, top selling associate; and Les Pendleton, top listing associate.✱

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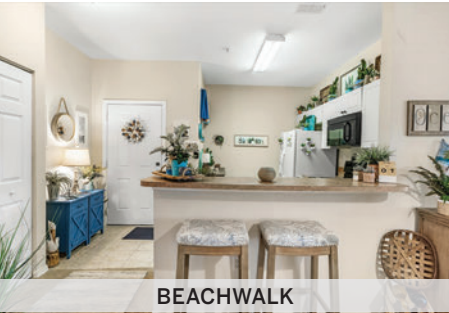


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- Gourmet kitchen, private elevator, engineered wood flooring, & multiple decks for the ultimate outdoor living

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2. BUCK KEY - **CAPTIVA**

- One of the last remaining buildable tropical islands, Buck Key provides a once in a lifetime opportunity located just across the Roosevelt Channel from Captiva Island Offering 14.13 acres of stunning land and water frontage along the channel - Develop your own family compound, corporate retreat, private club or wherever your vision takes you.

• **\$22,000,000 EURO 20,014,556**

3. SHORT WALK TO THE BEACH OFF WEST GULF DRIVE - **SANIBEL**

- 3 BR/2 BA home situated just off West Gulf Drive
- Nicely updated with private pool, newer roof, impact rated windows, and just a short walk to the beach

• **\$1,299,000 EURO 1,204,082**

4. GULF VIEWS & PRIVATE ROOFTOP DECK AT POINTE SANTO - **SANIBEL**

- 2BR/2 BA + den top floor condo with an incredible income stream for the investment minded owner.
- Community features pool & spa on island in the center of a lagoon, walking paths, tennis, shuffleboard, tiki huts, and beach access

• **\$1,399,000 EURO 1,281,499**

NEW LISTING



3



4



5



6

5. GOLF COURSE VIEWS IN KELLY GREENS - **FORT MYERS**

- 2 BR/2 BA + den top floor corner unit in the desirable Kelly Greens community.
- High ceilings, updated kitchen, and large lanai. Community amenities include 18 hole golf course, tennis, pool, restaurant, and more

• **\$495,000 EURO 445,480**

6. CANAL LOT - **SANIBEL**

- Build your island dream home on this wonderful canal lot on Sanibel's East End
- This location offers both the ability to get a boat to the Gulf of Mexico, while also being walking distance to Sanibel's famous beaches

• **\$699,000 EURO 618,258**

7. REMODELED HOME IN THE DUNES - **SANIBEL**

- 3 BR/2 BA beautifully remodeled home on almost 1/2 an acre with a private pool in the Dunes
- Split bedrooms, large great room and kitchen, multiple oversized lanai's perfect for outdoor island living.

• **\$1,350,000 EURO 1,216,703**

8. WALKING DISTANCE TO BOWMAN'S BEACH - **SANIBEL**

- 3 BR/3 BA beach home in the West end community Sanibel Bayous
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Will Power

Does A Religious Divorce In A Mexico Court Allow For Remarriage?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

The Tax Court ruled in 2021 that the estate of a man with a complicated marital history wasn't liable for a \$42.6 million estate tax bill, because his estate passed to his third wife subject to the unlimited marital deduction despite the nullification of divorce from his first wife. Semone Grossman and Hilda Matrick, who were both Jewish, were married in New York in 1955 and separated in 1965. In 1967, Semone obtained an ex parte divorce (a proceeding brought by one spouse, but the other spouse is not a party to the proceeding) in Mexico, after which he married Katia in a civil ceremony in New Jersey. Katia was not Jewish.

Semone separated from Katia in 1974, after which Hilda sued both Semone and Katia and obtained a judgment declaring that the Mexican divorce and Semone's marriage to Katia were both invalid under New York law, and that Semone was still legally married to Hilda. Hilda and Semone did not reconcile or cohabit after that.

In 1986, Semone became engaged to Ziona, who was Jewish, had been born and raised in Israel, and who held dual United States-Israeli citizenship. Semone did not obtain a civil divorce from Hilda, but he did go before an orthodox rabbinical court in New York and obtained a religious divorce called a "get."

Semone and Ziona then went to Israel and, upon presenting evidence of the get, were married in 1987. After they married, Semone and Ziona returned to New York and lived there for 27 years until Semone's death in 2014. They had two children, filed joint federal income tax returns, and shared a home and finances. Semone and Ziona socialized with Hilda, who never challenged the validity of Semone and Ziona's marriage.

Meanwhile, Hilda filed her federal income tax returns as a single individual and made no statutory claim against Semone's estate after his death. Semone died in 2004 and was buried (alongside Ziona's parents) in a burial plot in Israel he and Ziona had bought. The executor of Semone's estate filed an estate tax return reporting a gross estate of \$87 million and claiming a \$79 million marital deduction for property left to Ziona. The IRS disallowed the deduction, contending that

Semone had never been validly divorced from Hilda and therefore, had not been validly married to Ziona.

The IRS asserted that Semone's estate owed an additional \$35.5 million in federal estate tax and an accuracy related penalty of \$7.1 million. The Tax Court granted a summary judgment that Semone's marriage to Ziona was legally valid for estate tax purposes. The court explained that identifying a decedent's surviving spouse is determined by state law. Here, the decedent and both of the spouses in question resided in New York and the estate is being administered in New York, so the IRS contended that New York law was determinative.

In the estate's view, the IRS was bound by Revenue Rulings that establish a "place of celebration" test to assess the validity of a marriage for federal tax purposes. Under this approach, Semone's marriage to Ziona would be valid so long as it was valid in the place of celebration (Israel) without regard to the law of the state where the couple lived.

The court noted that New York has applied this principle consistently since at least 1881. This court held that the marriage in question did not fall under either of the two narrow exceptions to the place of celebration rule: 1) it did not involve incest or polygamy coming within the prohibitions of natural law; and 2) it was not prohibited by positive law.

The court rejected the IRS contention that Semone and Ziona's marriage was prohibited by natural law because it was bigamous, noting that under New York law, the question was whether the religious divorce and marriage were valid in Israel, the place of celebration. Israel clearly viewed Semone and Hilda as validly divorced and Semone as capable of remarrying, as demonstrated by Israel's acceptance of the letter from religious court and the issuance of a ketubah (marriage contract) to Semone and Ziona, and the later issuance of a marriage certificate.

Similarly, the court rejected the argument that Semone and Ziona's marriage violates New York positive law that no "divorce shall be granted otherwise than by due judicial proceedings." The court quoted what it described as "the oft-expressed concern that 'Congress did not intend that the (IRS) commissioner in making tax determinations around marital status, or the courts in passing upon them, should set themselves up as domestic relations tribunals.' It noted that the parties most interested in the status of Semone and Ziona's marriage – Semone, Ziona and Hilda – did not challenge the marriage. No New York court (or any other court) found the marriage invalid. As a result, the marital deduction stood, and the estate did not owe the tax and penalties.

That's some good lawyering!
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How's The Market? Ask Ann

New Listings On The Market



Ann Gee
Broker/Owner

Historically, Easter week represents the end of Sanibel's prime rental season. As I write this article, I am in the process of offering two new listings; one a remodeled condo on West Gulf Drive and a mid-island home with impressive views on the Sanibel River. Both properties are priced to current market conditions. I am curious as to how the "out of Prime Season Market" will respond to the listings. Potential buyers via the Internet will have access to professional photographs and video tours. I will keep you posted on how the market reacts to these new offerings. To give you a frame of reference, there were 26 single family home sales in March with a marketing time of 102 days and 19 Sanibel condos sold with an average marketing time of 45 days. I benefit from hearing from potential buyers and sellers, pro or con on this subject. Call or email me your comments. Thank you for reading my column.

10 Closed Sales Going Back One Week: 4 Homes, 5 Condos & 1 Lot

760 Sextant Dr. 323 Mariner Pointe \$649,000	3015 Singing Wind Dr. \$975,000
554 Lake Murex Circle Vacant Land \$650,000	1405 Causey Ct. \$1,500,000
5117 Sea Bell Rd. D204 Blind Pass \$815,000	1299 Middle Gulf Dr. 192 Compass Pointe \$1,810,000
3041 West Gulf Dr. C1 Breakers West \$850,000	3013 West Gulf Dr. 301 Junonia \$1,450,000
320 Palm Lake Dr. \$900,000	2451 Blind Pass Ct. \$2,901,000

Have a good week and call me with any comments or questions.

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Trust Company Sponsors Tournament



The Sanibel Captiva Trust Company foursome, from left, Bob Blakely, Tom Drasites, Ed Ciskowski and Dr. Ray Drasga photo provided

The Sanibel Captiva Trust Company was a corporate sponsor of the Shell Point Open Golf Tournament, held on April 8 at Shell Point Golf Course in Fort Myers.

"The trust company is proud to support the annual golf event, which this year followed the completion of the Larsen Health Center, a \$78 million, 200,000-square-foot facility," said Al Hanser, founder and chairman of the trust company. The new facility brings

together all of Shell Point's healthcare services, including a comprehensive medical center, behavioral health suite, rehabilitation center, dental offices, pharmacy and a 180-bed skilled nursing facility with private rooms.

"Our community is fortunate to have such an exceptional senior living facility for the benefit of those who want to enjoy a well-rounded and comfortable lifestyle," said Hanser.*

Get A Vehicle Check Before Heading North

Residents of Florida are often only residents for the duration of a season. Many have driven to Florida to get away from the snow. And when the season's over, snowbirds look forward to returning home. People come to Florida from all over the country, and the average journey ranges from 1,200 to 1,500 miles in one direction.

Before heading back north, consider having a complete digital inspection done on your car. There are a number of common problems that are encountered when doing a full inspection.

There is often a serious change of environment between the car owner's home up north and Florida. The vehicle is coming from a cold to a warm and humid climate, and problems that didn't arise before often arise from this drastic environmental change.

Another impact on your trip is gas prices, as they are at an all-time high. If you're driving 1,500 miles or so, and your tune-up is out of date, you could be losing 10 to 20 percent of your car's fuel economy. Over a long trip, that really adds up.

The safest approach is to make an informed decision before heading back. It's not worth the risk of encountering a problem along the way and being forced to choose an unknown auto repair shop that may or may not be honest.

Courtesy of *Legendary Automotive, Fort Myers.**

ISLAND SUN BUSINESS NEWSMAKERS



LeAnne Suarez



Alec Suarez



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John R. Wood Properties

The LeAnne Suarez Group was named top listing and closing agents for March at John R. Wood Properties. The productivity award went to Babs Maughan.*



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Frankly Speaking



by Howard Prager

A 7-0 start to the season? The Yankees? The Dodgers? The Mets? No. The Mighty Mussels. The best team in Fort Myers since 1992, the Mighty Mussels started off this season winning

seven straight games, before dropping two weekend games to the Jupiter Hammerheads. According to announcer John Vitas, 19-year old Emmanuel Rodriguez batted .409 with four home runs and 12 walks through the seven game streak (1.618 OPS). Mussels' starter John Stankiewicz has allowed only two runs over 11 innings this season. He was named both the FSL pitcher of the year and the Twins' organization pitcher of the week.

We also have new rule changes this season, often tried out in the minor leagues before MLB adapts them:

1. Robo-umpires will be used on Wednesday and Thursday – Technology from Danish golf startup TrackMan determines if each pitch is a ball or strike. The Automatic Ball Strike system (ABS) then feeds its call to the ump via an earpiece, and he relays the call to the players. The ump still makes calls like check swings, interference and plays

at the plate. ABS simply eliminates guesswork from the strike zone.

2. A Challenge System will be incorporated on Friday, Saturday and Sunday – The ABS uses multiple cameras to track where the ball crosses the plate. Each team would be allowed three challenges to any ball-strike call over the course of the game. If the ABS overturns the call, the team keeps the challenge with each team getting up to three incorrect challenges.

3. Ban on Shifts – In Double-A, High-A and Low-A, the defensive team must have a minimum of four players on the infield, with at least two infielders completely on either side of second base.

4. Pitch Clock – Limits 14 seconds between pitches, 18 with runners on, two-minute warm-up between innings.

5. Larger Bases – 18-by-18 inches instead of 15-by-15. Of all the rule changes, this is getting the closest look. I can see MLB adopting this in spring training next year.

Another first in MLB from National Public Radio (NPR). A different type of win came in their home opener when Giants assistant coach Alyssa Nakken took over as first base coach, becoming the first woman to coach on the field in MLB history. After Giants regular first-base coach Antoan Richardson was ejected from the game at the top of the third inning, Nakken was called in to replace him. Nakken became an assistant coach in 2020 after working in the team's front office. This wasn't Nakken's first time at first base either.

She made an appearance for the Giants during an exhibition game in 2020, but it was the first time she's coached during a regular season game. Nakken, who played first base for Sacramento State's softball team, brings years of experience at the position, making it a no-brainer for bench coach Kai Correa to call her up after Richardson's ejection. "I've been in training as a first-base coach for the last few years. I work alongside Antoan, so I stepped into what I've been hired to do," said Nakken, according to MLB.com.

The NBA Playoffs are in full swing, and already some cliffhangers and surprises. The Celtics-Nets was touted to be the best of the first round series, and Game 1 did not disappoint with the Celtics barely winning with three quick passes and a layup as time expired. And the first surprise is the Timberwolves, who won their play-in game over the Clippers and are going to give Memphis all they can handle after surprising and soundly beating them in Game 1.

The RBC Heritage falls directly in the shadows of the Masters, just a week after Augusta. This weekend, it was Jordan Spieth's wife, Annie, who never comments on his golf game, with a key piece of advice. "You need to take five seconds, if you miss a putt, before you hit your tap-in." On Saturday, Spieth missed a one-footer on the 18th green. On Sunday, he won the tournament. Wise advice.

The mission of Good Sports is to drive equitable access in youth sports and physical activity by supporting children in high-need communities to achieve their greatest potential, on the field and in life. Good Sports provides equipment,

apparel and footwear to those most in need by providing nearly \$74 million in sports equipment, impacting over eight million kids from more than 5,500 youth programs across the country. Good Sports exists to make sure cost doesn't keep kids on the bench. From a Good Sports press release: late last year the organization Good Sports was named the winner of the 2021 .ORG Impact Award in the Health and Healing in a Time of Pandemic category for its work to restore play for youth athletes across the country during the COVID-19 pandemic. The awards recognize mission-driven organizations that work to improve their communities and make the world a better place. This year, 633 nominees from more than 40 different countries submitted entries. This year, Gatorade and KROST x FILA collection have signed up to be major contributors to Good Sports. Right move.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.

Round Robin Tennis In Play

Round Robin tennis is played on Tuesdays and Thursdays at the Sanibel Recreation Center from 10 a.m. to noon. Register in advance as space is limited. The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Call 472-0345.*

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SPORTS QUIZ

1. In 1955, what catcher and outfielder became the first Black player in New York Yankees history?
2. In an October 2000 NFL game dubbed "The Monday Night Miracle," what team scored 30 points in the fourth quarter and sealed a 40-37 overtime win against the Miami Dolphins?
3. At the 1980 Lake Placid Winter Olympics, alpine skier Hanni Wenzel won the first two gold medals in the history of what small European country?
4. In 1994, Augusta National Golf Club banned what irreverent CBS golf analyst from broadcasting the Masters?
5. Hockey Hall of Famer Glenn Hall holds the NHL record for most consecutive regular-season games started by a goaltender with how many?
6. The Utah vs. BYU and Notre Dame vs. Boston College football rivalries have what nickname in common?
7. Santiago Bernabeu Stadium is home to what European professional football club?

ANSWERS

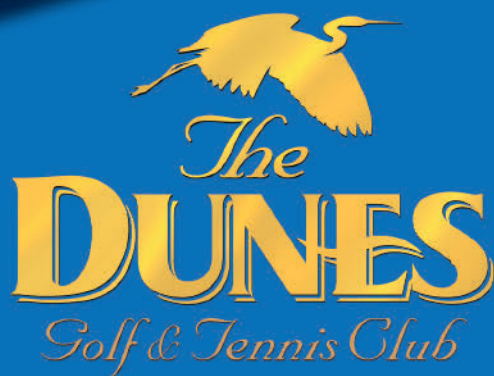
1. Elston Howard. 2. The New York Jets. 3. Liechtenstein. 4. Gary McCord. 5. 502. 6. The Holy War. 7. Real Madrid CF.

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Health First

Coping With The Loss Of A Pet



by Julie Rosenberg, MD

The human-animal bond is often regarded as a special relationship. I grew up with dogs. Currently, our Pembroke Welsh corgi, Bullet, is an integral member

of our family, offering each person unconditional love and support.

Anyone who has a household pet knows how painful it is when your beloved companion dies. The loss can be devastating and is often associated with profound grief.

In recent weeks, a friend of mine decided to euthanize her French bulldog, who suffered from an aggressive form of cancer. The decision-making, as you might expect, was difficult, if not agonizing. Because I offered some medical insights into the situation, I was peripherally involved in her decision-making. I found the sadness of moment to be profound and took time to reflect on the following question: How can we best deal with the grief that accompanies the loss of a cherished pet? In this article, I offer five tips for coping with the loss of a pet.

1. Understand that your grief is valid –Grieving the loss of a pet is an important process, it’s not just a “situation” to “get over.” We cannot simply cope and move on. The grieving process is important. I cannot be dictated by anyone. Further, grief does not have a timestamp. While some people may grieve the loss for a pet for six months to a year, others may grieve for two, three, or even five years. Take the time you need to grieve, to experience cherished memories of your pet, and to acknowledge feelings of sadness.

While euthanasia is often the best decision for a pet who is gravely ill and hurting, such a decision can exacerbate feelings of guilt and grief. It’s important to consult your veterinarian when making such a decision to minimize the risk for second-guessing yourself. Lap of Love is a family-centered veterinary hospice and in-home animal euthanasia service that operates in 34 states including Florida. Lap of Love can support your individual grief journey and sponsors a free pet loss support group.

2. Join a pet bereavement support group – You may also want to seek support from other people who are going through a similar grieving process. There are pet bereavement support groups throughout the United States that provide a safe and structured environment for sharing. Ask your veterinarian’s office to recommend an in-person and/or virtual pet loss support group.

If you need ongoing one-on-one support, there are pet loss counselors and pet loss grief specialists available in many

areas and online who specialize in the loss of a pet.

3. Create a gratitude list – Consider the things that you are grateful for as related to your pet and make a list. You can include such things as: Companionship. Unconditional love. Daily walks. Special outings. Save your list and reflect upon it in the days and years to come. A gratitude list can help to preserve cherished memories of your pet.

4. Have a memorial service – Consider gathering people together who knew your pet to celebrate their life. This can be a helpful part of the healing process. Alternatively, The Association for Pet Loss and Bereavement can host an online memorial for your pet. People may write and share their memories of your pet in an online forum.

5. Create a physical memorial – Physical memorials are an easy way to remember a pet. Consider putting together a memorial photo book. Plant a commemorative tree in your backyard. Build a memorial garden. Write a letter or poem to your beloved pet and frame it as a keepsake. The bottom line – your pet memorial is deeply personal. Create a physical memorial that speaks to you and supports your healing process.

In summary, the loss of a pet can be associated with profound grief. Take the time you need to grieve. There is support available throughout the healing process. Be sure to take care of your own needs during this difficult time.

Julie Rosenberg, MD, is a global healthcare leader, medical consultant

and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www.drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.✧

Advancement In Robotics Program At Lee Health

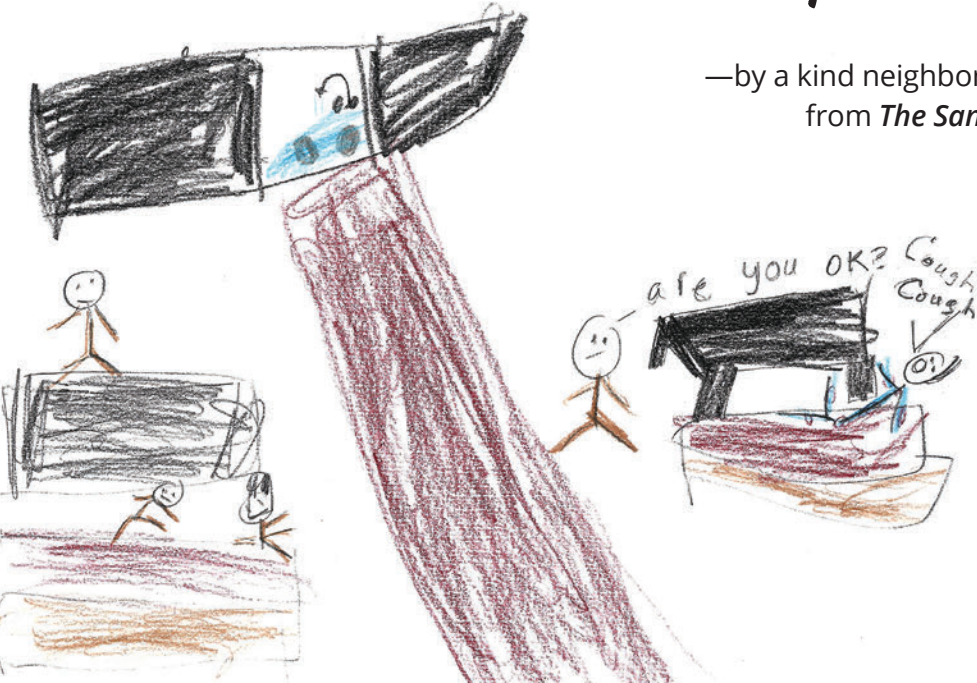
Lee Health has added the ExcelsiusGPS robot to its robotic-assisted surgery program, which features the most advanced technology in the field of robotic surgery.

The ExcelsiusGPS is the world’s first revolutionary robotic navigation platform, combining a rigid robotic arm and full navigation capabilities into one adaptable platform for accurate alignment in spine surgery. The new robot allows surgeons to provide the most up-to-date technology and skills to patients who need neurosurgery. Because the procedure is minimally invasive, patients generally experience less pain after surgery, have a quicker recovery and shorter length of stay in the hospital, and need less medication.

The procedure is performed entirely by a surgeon who controls the ExcelsiusGPS system. The instrument size on the robot makes it possible for surgeons to operate through one or a few small incisions. Also, the instruments are designed to give surgeons greater reach during surgery.✧

We were at a restaurant and a lady was coughing. My dad checked to make sure she was okay.

—by a kind neighbor & student from *The Sanibel School*



In honor of FISH’s 40th Anniversary, students at The Sanibel School created works of art showing the importance of helping neighbors and family. We are inspired by their wonderful art and their clear understanding of how small acts of kindness can make a big difference. The future of FISH—and our young neighbors—is promising indeed.



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dearRPharmacist

Parkinson's Disease And Nutrient Options



by Suzy
Cohen, RPh

Dear Readers:
April

is Parkinson's Awareness Month and, as such, I have been studying the condition to see if there is anything new or of interest,

especially in the way of natural medicine.

Parkinson's disease (PD) impacts 10 million people worldwide and, each year, 60,000 Americans are diagnosed with it. Men seem to be more likely to develop the condition. According to a new prevalence study, as the population ages, the number of people diagnosed with PD increases with age, regardless of sex.

I looked at a prevalence map and Montana and North Dakota have the fewest number of people (about 1,400 and 2,000 people respectively), whereas California and Florida top the list with the most people with PD (85,000 and 64,000 people respectively).

There are websites that offer much more detail regarding symptoms of PD, but a few telltale signs include tremor in the hands, slowed movements, muscle rigidity, poor balance, fatigue, or a distorted sense of smell. Among the cognitive signs and symptoms, you may have disturbing dreams, restless sleep, confusion at night, anxiety, dementia or difficulty with comprehension.

I could write a book on the medications and how to use them properly, but that is not the focus of my article today. I'm planning to give you nutritional options, some understanding of vitamin deficiencies and how that impacts your prognosis. During my research, I found some interesting findings about nutrients that might be useful for you. Here are some nutrients that may play an important adjunctive role in your PD protocol:

Vitamin B12 or Methylcobalamin – We know that the B complex family of vitamins is important for proper nerve

health. There is an important relationship between B12 specifically and Parkinson's. We know that people with peripheral neuropathy are often deficient in B12. And it's not just peripheral, there was a study in 2014 that found that B12 deficiency is one cause of SNF (small fiber neuropathy). Test yourself with an "Methylmalonic Acid" test along with "Serum B12."

Vitamin D – A 2019 study was among several others that determined vitamin D deficiency could impact the outcome for people with PD. Keeping levels of D up high enough is difficult for the elderly too; it's hard to get enough sunlight, and even if they do, their body doesn't sulfate it, or convert it properly due to mild liver or kidney compromise.

Fish Oil – Sometimes tremors respond to DHA fish oil, and this could be a promising strategy to slow down the progression. Remember, even if our drugs are useful, they don't cure it, so this natural omega 3 fatty acid is probably safe, and might be slightly effective for the management of tremors and other symptoms in the early stages. Ask your doctor of course, because fish oils are blood thinners.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

LCEC Program Helps Neighbors

Lee County Electric Cooperative (LCEC) customers can help others by enrolling in the Power to Share by Rounding Up program. The program was created in 2009 to assist financially strained customers. It is a partnership between LCEC and the United Way, and is funded through donations by LCEC employees, business partners and customers.

In 2020, LCEC expanded this program with the introduction of the Power to Share by Rounding Up program. This program allows participating customers to round up their monthly electric bill to the nearest dollar. Customers also have the option to make an additional monthly contribution or make a one-time donation to their bill. With many ways

to donate, giving is easy. Customers can enroll and unenroll easily through the LCEC SmartHub, online at www.lcec.net or by calling LCEC Customer Care at

656-2300.

For more information on the program or other ways that LCEC positively impacts the community, visit www.lcec.net.✱

Got A Problem? Dr. Connie Is In



by Constance
Clancy

Q: I am paying on a student loan, and I feel I will never get out of debt. It's making me depressed. Any suggestions to help me believe there is hope for eliminating debt?

A: There is nothing more freeing than being out of debt. Your student loan debt most likely has a low interest rate and, while it may seem like it will be a long road to eliminate this debt, you will.

I would change your wording and reframe to I am living with prosperity and abundance with a higher education and appreciation for my achievements. When you can also give gratitude for the positive things you have in your life; material items or the many non-material gifts, focus on what you have and be grateful. It will make you feel good to give back, maybe clothing you no longer wear, a small donation to your favorite charity and, by giving, you will focus on free flowing as opposed to

holding on. In other words, when you give it feels good and allows the free-flowing gifts to help others, and it is an act of service and kindness.

When you give, it opens up the flow for even more abundance to come into your life. Trust that the universe has your back and open your heart to the expansion of giving. It goes into the field and it will come back to you tenfold. You then will be able to pay down your loan and it will eventually be paid in full in divine timing. Remember to focus on the good you have as opposed to lack. Say to yourself, "I am or I have such as I have abundance, or I am abundant." This is being in the present and telling the universe you are ready to receive. Focus on what it looks like to be free of any debt. Feel it and know it's in motion and on its way. When you pay on your loan, bless the payment and send it on its way. Think of it as a small miracle that you are paying the loan down. It will feel better for you to focus on all of the good and paying the loan will be much less burdensome.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.✱

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Gluten-Free
Dessert Ideas



by Ross Hauser, MD
and Marion Hauser, MS, RD

Many people are choosing to eat gluten-free (GF) for health reasons. Those with celiac disease are unable to effectively process gluten – the protein in grains. Others may be gluten-sensitive, producing similar symptoms such as bloating, diarrhea, constipation, or abdominal pain after consuming foods containing gluten.

Where do you get gluten in your food? The main place you get it is in wheat flour. Gluten is found in traditional breads such as rolls, buns, bagels, biscuits and flour tortillas; baked goods like cake, cookies, donuts, muffins, pies, waffles and pancakes; pasta such as spaghetti, fettuccine,

lasagna, ravioli and macaroni; many cereals such as Wheaties, Cheerios and Raisin Bran; snacks including pretzels, crackers and some chips; beer; gravies; breadings; and soups (used for thickening.)

Following a GF diet has become much more popular these days, thus many more options exist for those following it. The health benefits include better digestion, less bloating and abdominal pain, and some people report improvement in joint pain, headaches and even depression. Those with autoimmune conditions often feel better avoiding gluten as well.

The quality of wheat produced in the United States is different than in European countries. Many people report that consuming pasta, bread and other wheat-containing items while traveling in Europe does not produce the same gastrointestinal (GI) symptoms that they get when consuming wheat in the states. Wheat in the U.S. is higher in gluten because we produce primarily red wheat versus white wheat that's produced in Europe. But, unfortunately, one of the other big problems with U.S. wheat is glyphosate, an herbicide found most in Roundup, that is sprayed on our wheat. This has been banned in Europe and many other countries. Its use has been linked to irritable bowel syndrome, celiac disease, colitis, cancer, heart disease, ADHD and many other diseases.

But back to desserts! What are some ways to make GF desserts? For

baking purposes, we use Bob's Red Mill Gluten Free flour that can be substituted 1:1 in most recipes. Other great brands include King Arthur and Pamela's. Many companies are now making dessert mixes, but when you use these, you are unable to control the sugar content. The internet is your best friend when it comes to searching online for great recipe ideas. One site we like is www.nutritioninthekitch.com/gluten-free-desserts.

One go-to GF dessert recipe we love is Avocado Chocolate Mousse, as well as rice puddings, chia seed puddings and baked goods made with almond flour. Other GF desserts we love to make are apple crisp using GF oatmeal and flour, panna cotta, chocolate mousse, flourless chocolate cake, flan, ice cream, sorbet and crème brulee. We reduce the sugar in most recipes by a third to a half.

Almond flour is a great GF, high-protein alternative to regular flour. It has more nutritional bang for the buck and works well in baked goods but is much denser. Our friend from Illinois, Diane Ehling, who runs a wonderful natural medicine practice with her

husband Kurt, shared this scone recipe with us: 2 cups almond flour, ¾ tsp. baking soda, ¼ tsp. fine sea salt, 1/3 cup mini dark chocolate chips (or raisins with cinnamon or blueberries with lemon zest), 1 jumbo egg, lightly beaten, ½ tsp. vanilla extract and 1 tbsp. raw honey (or up to 3 tbsp. if you like them sweeter). Preheat oven to 350. Blend dry ingredients together. Mix wet ingredients into the dry with a spoon, then use your hands to ensure dough is uniform. Press dough into a one-inch-thick disc. Cut into eight same-size "pie" pieces. Place onto parchment paper-lined baking sheet and bake for 10 to 12 minutes. Cool for at least five minutes. Try one of the different variations. These are so tasty.

Don't be afraid to try making GF desserts. There are endless delicious possibilities.

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.✱

Beautifulife:
The Cross



by Kay Casperson

This week, I am bringing back one of my favorite blogs. As we moved through Holy Week and all the events leading up to Easter Sunday, I thought about the cross and its meaning to people from all walks of life. I had several conversations with my family about those holy events, what transpired and what we can take with us in our everyday lives. We explored questions like, "What was the purpose of the last supper?" and "What were the events leading up to the crucifixion?" My favorite one is, "What does the cross mean to you?"

I believe that if I asked the question about the cross even to others, I would get an array of responses. Many display a cross on a mantle or over their bed, while others will wear a cross as jewelry, and some have cross tattoos. But, what is the reason or the purpose for doing so? I believe these words come to mind for many individuals: protection, redemption, sacrifice, faith to trust, peace, salvation, love, or even freedom and glory.

When you think about it, there is a strange contradiction of meanings that the cross can bring, such as death to life, pain to healing, accusations to forgiveness, defeat to victory, sin to purity and hate to love. Once known as a cruel form of execution, it is now a symbol of something so beautiful and personal. I believe that the cross resembles a choice we make every day to give love out freely and receive love

from others. To know deep inside that you are loved even without hearing the words, I love you.

Yes, indeed, the cross is so many things; it is personal, prophetic, resembles humility and something final. Why do so many continue to carry the cross but will hold on to hurtful things from the past instead of just letting it go? If we keep the painful, life-changing vision in our heads that Jesus carried that cross on his back and then died on it so that we don't have to bear the burdens on ours any longer, we may finally be able to move forward knowing that He paid the debt for our salvation.

I encourage you to take this beautiful time of year to reflect and open your heart to a deeper understanding of renewal and all the words that go along with it, like forgiveness, rejuvenation and restoration. If you believe in something so powerful, it can change everything.

My affirmation for you this week is: "I am taking time to reflect on the cross and what it means to me, and how it continues to move me forward on my journey to my most beautiful life."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.✱

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Newcomers	472-9332
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PAWS, Protection of Animal Welfare Society	239-699-6310
Progressive Club of the Islands	pcisancap@gmail.com
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
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United Way of Lee County - 24 hour helpline 211	433-2000
Zonta Club	728-1971

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PUZZLES

Answers on page 31B



"Sorry, the doctor told me to stay away from
the _____ for an hour after eating."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then
rearrange the boxed letters to form the mystery word, which will complete the gag!

Down

ELBOW

First

MEDIAN

Discount

BEATER

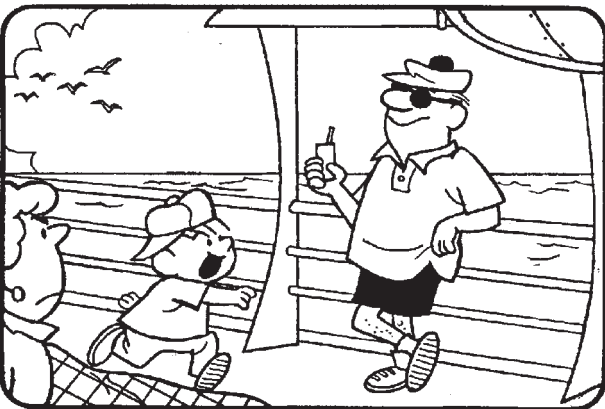
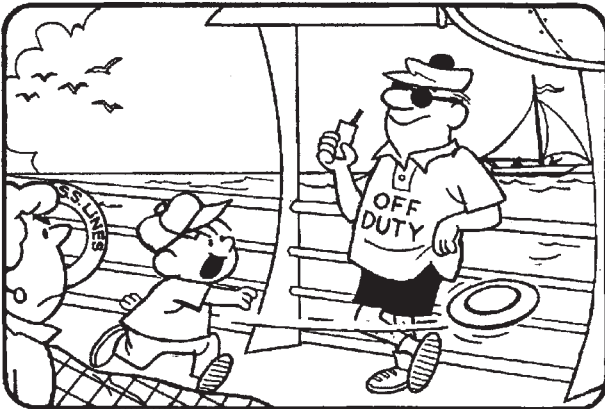
After

ALERT

TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Differences: 1. Life preserver is missing. 2. Cap is reversed. 3. Arm is
moved. 4. Shirt words are missing. 5. Frisbee is missing. 6. Boat is missing.

1	7			6		2		
8			3					4
		6			4		5	
	4				3		7	
		5		2				6
7			8			1		
		3			2	4		
	9		1					7
6				5			1	

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Sudoku:

Complete the
grid so that
every row,
column and
every 3x3 box
contains the
numbers 1
through 9 (the
same number
cannot appear
more than once
in a row, column
or 3x3 box.)
There is no
guessing and no
math involved,
just logic.

PUZZLES

Answers on page 31B

Super Crossword NATION NOTION

- ACROSS
1 Sore
4 Under the ocean
10 "Get what I'm sayin'?"
15 Store
19 Prior to, to poets
20 Gofer's job
21 Gut
22 bacterium
23 Dana
24 Perfumes fragrance
25 Person born in early October in Benghazi?
26 Family car in Khartoum?
27 Eddie — (leisurewear chain)
28 Carrere of the screen
29 Rock concert booster
30 Make furious
31 Silky cat in Luanda?
34 Beyond city limits
37 Merit badge displays
38 Kazan of filmmaking
39 It precedes omega
40 Clear-minded
41 Lead-in to history
- 44 Chess ploy in Banjul?
47 Ballroom dance in Apia?
53 Ency., e.g.
54 Ancient Central Americans
55 See 112-Down
56 Italian "my"
57 Russia's Alexis I, e.g.
59 Envy, e.g.
60 Dark-haired man in Bandar Seri Begawan?
63 Lumber tool
65 Former Oriole Ripken
68 Extremist
69 "Delta Dawn" singer Tucker
71 Pathologist's study
74 Long time
75 Mo. in which fall starts
77 Doc in Tijuana?
79 Cinch — (trash bag brand)
81 "Keep this in" bump
83 Do a fist
84 Scandal-ridden company of 2002
- 85 Japanese brew
88 Old TV's "— Na Na"
89 Tropical devil ray in Valletta?
91 Sleeping garment in San Miguelito?
95 Orig. copies
96 Well out of range
97 Precept
98 Is the right size for
100 "That made no sense to me"
- 106 People rattling things off
108 Engaged guy in Marseilles?
111 Actress Saoirse
112 Long time
113 Hip-hop producer Gotti
114 The Beatles' "I — Walrus"
115 Buyable apartment in Brazzaville?
118 Fish eggs in Barcelona?
120 Wine city in California
121 — a million
- 122 Secret recorder disguised as a writing instrument
123 — gow poker
124 Supermodel from Somalia
125 "Check," to a card player
126 Motown's Franklin
127 Lingo suffix
- DOWN
1 Peach — (desserts)
2 Singer Grande
3 Cleans up, as software
4 NutraSweet developer
5 Website ID
6 Water filter brand
7 Polio studier Albert
8 Make furious
9 Oklahoma city
10 Polite reply to a lady
11 Coffee pod
12 Drift (off)
13 Pay add-on?
14 Hits the jackpot
15 Piloting guy
16 Gave birth
17 Enthusiasm for Barack
- 18 Word-wit bit
24 Michelle of "Crazy Rich Asians"
26 Erwin of film
29 Opera opus
32 Some vipers
33 Korbutof gymnastics
34 Secretive viewers
35 B-52 org.
36 Ensnares
42 Meander
43 Arabian ruler
45 Half a bikini
46 Gallic pal
47 Native-born Israeli
48 "What —" ("Ho-hum")
49 Harold's film partner
50 Dodge of old
51 "Hang on —"
52 Boxing event
57 Precept
58 Hades river
59 Go like a fish
61 "May — a favor?"
62 Personal ID
64 Takes in
65 — terrier
66 Dressy tie
67 Pop singer Lewis
70 Verdi's slave
72 With 90-Down, appear that
73 Writer Ferber
- 76 Dismissive remarks
78 Not panicky
79 Partaking of with others
80 Aspiration
82 — Mahal
85 On — with
86 Space that's invulnerable to attack
87 Large boa
88 Joust verbally
89 — Hari
90 See 72-Down
92 Lace town WSW of Paris
93 Willful insult
94 Sorvino of the screen
99 Potshot taker
101 Heavy vapor
102 Genie houser
103 Like early audiobooks
104 Unstressed vowel sounds
105 — -weenie
107 Chinese ideal
109 Large wader
110 Kick out
112 With 55-Across, she eloped with Ernie Kovacs
115 Caesar's 151
116 Artist Yoko
117 Mo. neighbor
118 Jacuzzi site
119 "Nope"

1	2	3		4	5	6	7	8	9		10	11	12	13	14		15	16	17	18
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King Crossword

- ACROSS
1 Swiss peaks
5 — roll (winning)
8 Lily variety
12 Not worth debating
13 Chest muscle
14 Here (Sp.)
15 Shop tools
17 Void partner
18 Chemical suffix
19 MGM motto start
20 Enlighten
21 Elev.
22 Petrol
23 Prima donnas
26 Thornton Wilder drama
30 B — boy
31 Grass shack
32 "Closer" actor Clive
33 "Blue Bloods" actress Moynahan
35 El Greco's birthplace
36 Sunbather's goal
37 Carrier to Amsterdam
38 Cabbage choice
41 Chairman of China
42 Persian, for one
45 Recognized
- 46 Sightseeing stop
48 Falco of "The Sopranos"
49 Whatever number
50 Unruly kid
51 Volition
52 Zee preceder
53 Priestly vestments
- DOWN
1 Both (Pref.)
2 Burden
3 Corn recipe
4 Norm (Abbr.)
5 Dizzying designs
- 6 Reporter's quest
7 Rm. coolers
8 Desert hazard
9 Iso-
10 Chasm
11 Unctuous
16 Droops
20 Listener
21 Small wiper
22 Belly
23 Apply cream
24 Medit. nation
25 Half of XIV
26 Ump's call
27 Have bills
28 Drench
29 SSW oppo-site
- 31 Chick's mom
34 Carefree
35 LummoX
37 Rap star West
38 Distort
39 "The King —"
40 Bridal accessory
41 Oodles
42 Poet Sandburg
43 Basra resident
44 B'way booth sign
46 Legislation
47 CEO's deg.

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J H E B Y V T Q O L I G D E B
Y W T R P M K C I B F D N B Y
W U S Q O M K I A F A E O U D
B (S I R I U S) Z A S D R Y K S
X W U A S X Q O G L T N C S U
L J A Z H F U D E A L O O A P
C A Y I W V T L V S C E R G O
Q P N L R I A T L A K I P R N
I H F E C T B Z E O Y W P A A
V U S R Q P A P N M P L J S C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: CLOSEST STAR TO EARTH

- Acrab
Altair
Atria
Canopus
- Capella
Castor
Deneb
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Pollux
Procyon
Sargas
- Sirius
Spica
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Redfish Pass Tides				
Day	High	Low	High	Low
Fri	5:00 pm	12:49 am	None	None
Sat	6:26 pm	2:12 am	None	None
Sun	8:28 pm	3:23 am	None	None
Mon	12:10 pm	4:20 am	10:13 pm	4:11 pm
Tue	12:16 pm	5:03 am	11:30 pm	5:18 pm
Wed	12:26 pm	5:37 am	None	6:09 pm
Thu	12:32 am	6:04 am	12:38 pm	6:52 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	4:05 pm	12:51 am	None	None
Sat	5:31 pm	2:14 am	None	None
Sun	7:33 pm	3:25 am	None	None
Mon	11:15 am	4:22 am	9:18 pm	4:13 pm
Tue	11:21 am	5:05 am	10:35 pm	5:20 pm
Wed	11:31 am	5:39 am	11:37 pm	6:11 pm
Thu	11:43 am	6:06 am	None	6:54 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	7:51 am	12:33 am	4:52 pm	10:12 am
Sat	7:16 pm	2:04 am	None	None
Sun	11:32 am	3:15 am	8:56 pm	3:08 pm
Mon	11:30 am	4:11 am	10:13 pm	4:15 pm
Tue	11:49 am	4:59 am	11:23 pm	5:14 pm
Wed	12:10 pm	5:42 am	None	6:05 pm
Thu	12:15 am	6:20 am	12:33 pm	6:50 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	7:10 pm	4:05 am	None	None
Sat	8:36 pm	5:28 am	None	None
Sun	10:38 pm	6:39 am	None	None
Mon	2:20 pm	7:36 am	None	7:27 pm
Tue	12:23 am	8:19 am	2:26 pm	8:34 pm
Wed	1:40 am	8:53 am	2:36 pm	9:25 pm
Thu	2:42 am	9:20 am	2:48 pm	10:08 pm

My Stars ★★★★★
FOR WEEK OF APRIL 18, 2022

Aries (March 21 to April 19) A sudden change of plans could lead to a misunderstanding with a friend or family member. Be ready to offer a full explanation of your decision. A past favor is returned.

Taurus (April 20 to May 20) Expect pressure from those who want you to change your position on a matter of importance. However, the determined

Bovine will be able to withstand the bullying and win out.

Gemini (May 21 to June 20) It's time to stop dwelling on past disappointments and move on to other possibilities. By week's end, you'll be meeting new people and making new plans for the future.

Cancer (June 21 to July 22) A long-simmering situation between co-workers threatens to heat up and could create problems with your work schedule. Best advice: Consult a supervisor on how to proceed.

Leo (July 23 to August 22) You might have just learned that someone close to you is keeping a secret. And, of course, the Cat's curiosity has gone into overdrive. But be patient. All is revealed soon enough.

Virgo (August 23 to September 22) Don't give up. The recognition citing the good work you recently did will come through. Meanwhile, an opportunity opens up that can lead to a lot of traveling later on.

Libra (September 23 to October 22) A financial crunch eases, but it's still a

good idea to keep a tight rein on what you spend for nonessentials. Education becomes a major focus as the week winds down.

Scorpio (October 23 to November 21) Recent encounters with stressful situations could require some restorative measures to get your energy levels back up. Talk to your doctor about a diet and exercise program.

Sagittarius (November 22 to December 21) New connections follow changes on the job or in your personal life. But keep your feelings reined in

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until these relationships have a chance to develop.

Capricorn (December 22 to January 19) Pay more attention to your aches and pains, but avoid self-diagnoses. Seek professional advice to make sure these problems won't lead to something more serious.

Aquarius (January 20 to February 18) You love doing research and learning new things, so you'll be happy to know that education becomes a big part of your life at this time, and for some time to come.

Pisces (February 19 to March 20) Your Piscean penchant for doing things logically could be challenged by an equally strong emotional reaction to a new situation. Best advice: Keep the two factors in balance.

Born This Week: You love music and nature. You would be an excellent environmentalist, as well as a fine singer or musician.

MOMENTS IN TIME

• On April 27, 1773, the British Parliament passes the Tea Act, a bill designed to save the faltering East India Company from bankruptcy. Many

colonists viewed the act as yet another example of taxation tyranny, because it left in place an earlier duty on tea entering the colonies, while removing the duty on tea entering England.

• On April 28, 1916, Ferruccio Lamborghini is born in Italy. After experiencing mechanical difficulties with his Ferrari, Lamborghini decided to start his own rival sports car company. The Lamborghini 350 GTV, a two-seater coupe with a V-12 engine, debuted in 1963.

• On May 1, 1960, an American U-2 spy plane piloted by Francis Gary Powers disappears while on a flight over Russia. The CIA reassured the president that the plane was equipped with self-destruct mechanisms, but Russia produced not only the intact wreckage, but also the captured pilot – very much alive.

• On April 26, 1977, Studio 54, which would soon become the most famous nightclub in the world, opens at 254 West 54th Street in New York City. It was known for excluding all but the most chic, famous or beautiful patrons.

• On April 25, 1983, Russian leader Yuri Andropov writes to Samantha

Smith, an American fifth-grader from Manchester, Maine, inviting her to visit his country. Smith had sent Andropov a note in December 1982, asking if the Soviets were planning to start a nuclear war.

• On April 30, 1993, computer scientist Tim Berners-Lee releases the source code for the world's first web browser. Originally called Mesh, the browser he dubbed World Wide Web became the means of exploring the emerging information network that developed into the Internet.

• On April 29, 2004, the World War II Memorial opens in Washington, DC, providing overdue recognition for the 16 million American men and women who served in the war.

NOW HERE'S A TIP

• A great idea for mini ice packs: Freeze ketchup packets you get from takeout food. They are great for icing small bumps or bug bites.

• Spread a teaspoon of peanut butter thinly on a paper plate. Then when the dog is busy with its treat, you can trim its nails. Or sometimes just having it nearby as a promised treat can do the

trick to distract your pet. Good luck!

• "One of the things I do each spring (and fall) is to go through my makeup and toss the old items. I also restock my first-aid kit and get new bottles of sunscreen and bug spray to keep in my car kit, so I will always have it around." – EA in California

• Love beans but trying to save a little money? Don't be intimidated by dry beans; just rinse them and chuck them in the slow cooker. Add water according to package directions and cook on low for up to eight hours. After they cool, you can bag them in freezer-safe, zipper-top bags and freeze them for easy use later.

• "On a health kick: Step one is to keep a food and activity diary for a week. You can get an idea of what you eat, what times of the day you are overeating and the areas where you can make improvements. Knowledge is power!" – VR in Oregon

• JD of Massachusetts writes: Mix ½ cup vinegar and a chamomile tea bag in a pan of medium hot water. Let cool slightly and soak feet for up to 10 minutes. Follow up with foot powder or

continued on page 30B

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PETS OF THE WEEK

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Jayden And Tom

Hello, my name is Jayden. I am a chocolate 1-year-old male pit bull. I am a handsome guy that is as playful as I am photogenic. If you have an active lifestyle and are looking for a best friend to fit into it, I would be a perfect fit. My motto is "Paws Up and Tongue Out" for adoption at Lee County Domestic Animal Services.



Jayden ID# A913484
photos provided

My adoption fee is \$10. Hi, I'm Tom. I am a black 9-week-old female domestic shorthair. I may look unenthused in his picture, but I assure you I am quite the curious kitten. I just was not amused with posing for the camera

and having my playtime interrupted. I would love to find a home with a feline buddy. If you don't already have another, no worries.

All cats and kittens are always adopt one, get a feline friend at no additional charge at Animal Services.

My adoption fee is \$10.

It is all fun and games at Animal Services during April leading up to the eighth annual Flip This Kennel event, to be held this Saturday, April 23, from 10:30 a.m. to 3:30 p.m. This year's theme is children's toys, and the Animal Service's staff is offering reduced adoption fees. All adult dogs will be just \$20 and cats just \$10 with an approved application.**



Tom ID# A916756

From page 29B

Now Here's A Tip

deodorant.

• Now, here's a good reason not to neglect checking your spam email folder from time to time: A Michigan woman bought a lottery ticket online but forgot about it until, opening said folder days later in search of a missing message, discovered that she'd won \$3 million.

STRANGE BUT TRUE

• In 1985, a sting operation dubbed Operation Flagship mailed letters offering free tickets for Washington Redskins games to fugitive criminals. More than 100 arrests resulted, including two of America's top 10 most wanted.

• Domino's Pizza Group has its own registered Tartan in its brand hues of red, white and blue.

• In 2007, Ben Carpenter got the most terrifying ride of his life when his wheelchair's handles were caught in the grill of a semi-trailer. Carpenter was forced for several miles at a speed of over 60 mph before a pair of police officers followed the truck to its place of business and informed the stunned driver. The chair's wheels had to be replaced, but Ben survived without injury.

• FedEx's founder nearly bankrupted his company with a Las Vegas trip, in which he used the corporation's last

\$5,000 to play blackjack. Fortunately, he managed to turn the sum into \$27,000 and keep things running until he obtained more funding.

• The movie *Babe* required one animatronic and 48 real pigs, due to their rapid growth rate.

• Remember playing "Simon Says" in your youth? In France, it's "Jack Says"; in Norway "The King Commands"; in Japan "Teacher Says" and in Ireland "O'Grady Says".

• In 1920, Anoka, Minnesota, became the first U.S. city to put on a Halloween celebration, in an effort to distract kids from playing Halloween pranks.

THOUGHT FOR THE DAY

"Winning doesn't always mean being first. Winning means you're doing better than you've done before."

– Speedskater Bonnie Blair

TRIVIA TEST

- 1. **Human Anatomy:** How many miles of blood vessels does the average human have?
- 2. **Geography:** What degree is assigned to the International Date Line?
- 3. **Movies:** Which Looney Tunes character's catchphrase is "You're despicable"?
- 4. **Advertising:** What was the name

CLASSIFIED

VACATION RENTAL


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Fax: (239) 472-5858
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1/26 ★ TFN

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ANNUAL OR SIX MONTH LEASE
North Fort Myers, Moody River, 2bed 2bath
2car home furnished, on river, kayaking/
paddleboarding, very near Rt.41 bridge.
Gated safe community. 239-233-2930.
4/22 ★ 4/29

HELP WANTED

FULL/PART-TIME SALES ASSOCIATE
Sanibel Sole is seeking an additional sales associate to join our great team! We have expanded in the Tahitian Gardens plaza and offer a wide variety of clothing and footwear. We offer competitive wages, benefits, and perks. No evenings required. Please email a resume to sanibelsale@gmail.com.
4/22 ★ TFN

Shore Fishing:



Don't Harm The Fish
by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida residents as well as out of state visitors need a fishing license to fish from shore.

VACATION RENTAL SANIBEL
Stunning remodel and designer decorated. All High End!!
This Gorgeous home offers 3 BR/2 BA, private pool, large 2 car garage, overlooking conservation area, Walk to beach. Peace and Serenity!!
Available for a minimum of 6 months for the 2022/23 Season. Call to inquire and book this property!
239-472-6747
 Serving The Islands Rental Needs Since 1975
Gulf Beach Properties, Inc.
4/15 ★ TFN

ANNUAL RENTAL
Fort Myers, 2bed 2bath furnished, 2nd floor overlooking lake near Cape Coral Bridge just off McGregor all condo fee incl.
\$2,500/mon. 239-233-2930.
4/22 ★ 4/29

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Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203
State License #13002788
4/20 ★ TFN

LOST & FOUND

LOST BLACK ZIPPERED BRUSH CASE
I am a full-time artist on the island and I lost my brush case full of watercolor brushes, pens and pencils etc. over a week ago, somewhere along Middle Gulf Drive. It's a black zippered case. I offer a \$100 reward if you find it. These brushes are of high sentimental value to me. Please contact me at shadjebi@gmail.com
3/25 ★ TFN

RENTING FOR OVER \$1,500?
Inbox me your monthly rent amount and I'll send you 3 houses you could OWN for the same monthly payment.
chip@chipwolfe.com
chipwolfe.com
239-848-0906
REMAX OF THE ISLANDS
6/5 ★ TFN

HELP WANTED

CAREGIVER
We are seeking a caregiver for an elderly woman with experience, for two 24 hour shifts every other week and PRN (as needed). Must be caring and compassionate, and able to complete personal care tasks like bathing, dressing, eating, grooming and daily med intake. Also assist with physical transit.
Contact Lisa 239-395-0153.
1/21 ★ TFN

- of the grocery owner in the Charmin bath tissue ads of the 1960s-80s?
5. **U.S. States:** What is the only state to have one syllable in its name?
 6. **Chemistry:** What is the only letter that doesn't appear in the periodic table?
 7. **Mythology:** How many gods and goddesses were said to live on Mount Olympus?
 8. **U.S. Presidents:** Which president was the last to serve without a college degree?
 9. **Literature:** Celie is a character in which 1982 novel?
 10. **Television:** Which musical TV drama takes place at William McKinley High School?

TRIVIA ANSWERS

1. 60,000 miles 2. 180 degrees longitude 3. Daffy Duck 4. Mr. Whipple 5. Maine 6. J 7. 12 8. Harry Truman 9. The Color Purple 10. Glee

SCRAMBLERS ANSWER

1. Below 2. Maiden
3. Rebate; 4. Later

Today's Word
WATER



PUZZLE ANSWERS

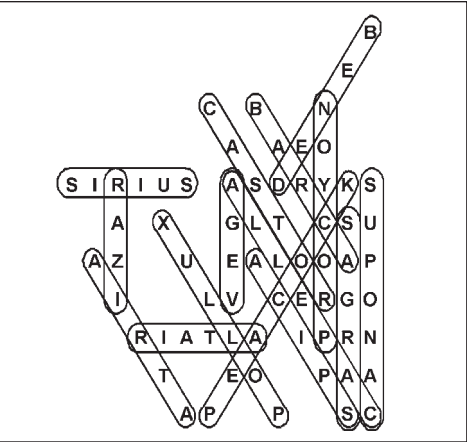
SUPER CROSSWORD

MAD	SUB	SEA	YKNOW	SHOP
ERE	ERRAND	ECOL	ITABU	
LIBY	ALIBRA	SUDAN	SEDA	
BAUER	TIA	AMP	STEAM	
ANGOLA	ANGORA	SUBURBAN		
SASHES	ELIA	PSI	SANE	
	PRE	GAMBI	AGAMBIT	
SAMOAS	SAMBA	REF	MAYAS	
ADAMS	MIO	TSA	SIN	
BRUNEI	BRUNET	SAW	CAL	
RADICAL	TANYA	DISEASE		
AGE	SEP	MEXICO	ME	
	SAK	STET	DAP	ENRON
SAHI	SHA	MALTA	MANTA	
PANAMA	PAJAMA	MSS		
AFAR	LAW	FITS	IM	LOST
RECITERS	FRANCE	FIANCE		
RONAN	ERA	IRV	AMTHE	
CONGO	CONDO	SPAIN	SPAWN	
LODI	ONEIN	PENCAM	PAI	
IMAN	NOBET	ARETHA	ESE	

KING CROSSWORD

ALPS	ON	SEGO
MOOT	PEC	AQUI
BANDS	SAWS	NULL
IDE	ARS	EDIFY
	HGT	GAS
DIVAS	OUR	TOWN
ASIN	HUT	OWEN
BRIDGE	ET	CRETE
	TAN	KLM
SAVOY	MAO	CAT
KNEW	LAND	MARK
EDIE	ANY	BRAT
WILL	WYE	ALBS

MAGIC MAZE



SUDOKU

1	7	4	5	6	9	2	8	3
8	5	2	3	1	7	6	9	4
9	3	6	2	8	4	7	5	1
2	4	1	6	9	3	8	7	5
3	8	5	7	2	1	9	4	6
7	6	9	8	4	5	1	3	2
5	1	3	9	7	2	4	6	8
4	9	8	1	3	6	5	2	7
6	2	7	4	5	8	3	1	9

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Southport On The Bay	Bonita Springs	2022	4,049	\$4,499,000	\$4,250,000	15
Bay Creek	Bonita Springs	2002	6,043	\$3,399,000	\$3,180,000	25
Cape Coral	Cape Coral	2016	3,621	\$2,700,000	\$2,700,000	57
Alva	Alva	2002	4,342	\$2,649,000	\$2,400,000	163
Galt Island	St. James City	2017	2,860	\$2,545,000	\$2,400,000	6
Cape Coral	Cape Coral	2020	2,704	\$2,295,000	\$2,295,100	5
Edgewater	Fort Myers	1995	3,381	\$2,499,900	\$2,250,000	17
Sweet Bay At Shadow Wood	Estero	2001	3,480	\$2,100,000	\$2,150,000	1
Watson W W	Fort Myers Beach	2017	2,763	\$2,100,000	\$2,100,000	15
Cape Coral	Cape Coral	2014	2,720	\$1,975,000	\$1,975,000	1

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1012/1014 E GULF DRIVE
NEW LISTING



SANIBEL ISLAND
•Updated Near Beach Duplex
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•Separate Private Outdoor Space
•Impact Windows, Rental Opportunity
\$1,179,000

15261 CAPTIVA DRIVE



WATERFRONT OASIS
•4 BR, 4.5 Bath, Deep Water Dock w/Lift
•Stofft Cooney Design, Waterfront Oasis
•Heated Pool w/Infinity Spa, Estate Lot
•Master Retreat w/ Loft
\$11,250,000

1000 CAYO COSTA



CAYO COSTA STATE PARK
•1.8 Acres in 2,500 Acre State Park
•3 BR, 3 BA, Amazing Kitchen, Dock
•Boat to Cabbage Key, Useppa & More
•Feels Like Private Island, Gulf/Bay Views
\$3,450,000

0 WEST GULF DRIVE PARCEL #1



SANIBEL ISLAND LOT
•104' + Beachfront
•Incredible Opportunity, Ideal Location
•Panoramic Beach Views & Sunsets
•1.5+ Acres of Land on Private Setting
\$5,995,000

16221-16217 CAPTIVA DRIVE



ROOSEVELT CHANNEL
•5 BR, 5.5 BA Main House
•2 BR, 2 BA Guest house
•Office, Elevator, MBR with Sitting Room
•Pool/Spa, Boat Lift/Dock, 2 Acres
\$7,250,000

15819 CAPTIVA DRIVE



CAPTIVA ISLAND
•Gulf to Bay, Mouth of Bay & Roosevelt Channel
•Unique Property, 125' Water Frontage
•Blueprints by John Cooney Available
•Deep Water Access, Covered Boat House
\$15,500,000

15009 BINDER DRIVE
UNDER CONTRACT



CAPTIVA BAY FRONT
•4 Bedrooms, 5.5 Baths with a Private Pool
•Boat Dock with 2 Lifts (40,000LBS & 15,000LBS)
•Main House, Guest House + Studio
•Fully Restored Old Captiva Style Architecture
\$7,500,000

730 OVERIVER DRIVE



OVERIVER SHORES
•Wide Open River Views, Over 1/2 Acre
•3 BR, 2.5 BA, Saltwater Pool, Open Design
•Boat Dock & Lift
•Amazing Outdoor Entertaining Space
\$2,100,000



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